**Track Guide & Session Types**

**Track Guide**

**Clinical**
Clinical sessions focus on the latest evidence and cutting-edge topics that influence clinical practice.

**Education**
Education sessions focus on issues of importance to increasing the number of midwives and the availability of excellent midwifery education.

**Global Midwifery**
Global midwifery sessions focus on ways our colleagues are improving access to midwifery care around the world, the quality of maternal and infant health, and how to get involved in the global health movement.

**Leadership**
Leadership sessions focus on building and enhancing leadership capacity in numerous roles within the health care arena.

**Midwifery Matters - Business**
These sessions focus on skills and information pertinent to operationalizing midwifery practice in a variety of settings.

**Midwifery Matters - Public Perception**
The goal of these sessions is to increase awareness and use of midwifery care. These sessions examine ideas that stakeholders and the public have about midwifery, what midwives do, and ways to influence stakeholders and the public.

**Miscellaneous**
These sessions will cover an array of ideas and subjects related to midwifery and women’s health.

**Racism and Health Disparities (new in 2018)**
These sessions offer focused content about the effects of racism, health inequities, and disparities among people of color; the effects on women, families, and our profession; and what is being done to address these issues.

**Session Types**

**Workshops**
Half- or full-day training sessions focused on specific topics and led by an expert or experts in the field. Subject matter may be delivered at a basic, intermediate, or advanced level depending on the workshop focus.

**Education Sessions**
These 60-minute presentations are delivered in a traditional lecture format by highly regarded speakers on a broad range of topics and offer new perspectives, research, or knowledge. Sessions marked with a ❗️ will be recorded.

**Special Interest Sessions**
These are simultaneous presentations on multiple topics, each offered around a table to provide a more informal, interactive, and flexible environment. These sessions are designed to bring together colleagues with similar interests to give and receive targeted information. Each session is 30 minutes and includes a 5- to 10-minute question period. At the 30-minute mark, participants rotate to a second back-to-back presentation to qualify for CEUs.

**Fast Track**
Two or three presentations focused on similar subject matter and presented during a 60-minute session. Fast track sessions include 10-minute Q&A periods.

**Poster Presentations**
Poster presentations encompass three categories: General, Research, and Global Health. General posters offer all midwives an opportunity to share current research, the findings, and their significance. Presentations in the Research and Global Health categories are juried and peer reviewed by the Division of Research and the Division of Global Health, respectively.
Introducing the New Racism and Health Disparities Track

Racism is a leading cause of health inequities among people of color. While midwives care for women and families affected by the consequences of racism on health, the ACNM Board of Directors and the Program Committee believe there has been insufficient discourse about racism and health inequities at ACNM’s Annual Meetings. Considering that the incidence of maternal morbidity and mortality among women of color in the United States is growing more pronounced and pervasive by day, we cannot continue to ignore or discount how racism and disparities in health care affect not only the women and families we serve, but also our profession and how we choose to respond to this human crisis.

Since 2012, the Program Committee has been working to ensure there is rich content about diversity and inclusion in ACNM’s Annual Meeting programs. However, we realize that a focused effort on reducing racism and health disparities in the context of a national agenda is timely and critical to our success and effectiveness as midwives. The ACNM Board of Directors responded to the request of members and charged the Program Committee with the inclusion of a new Racism and Health Disparities track beginning with this year’s Annual Meeting. ACNM affirms our responsibility to seek solutions for securing equitable health care for women and their families. We are committed to recognizing the history of privilege that has prevented us as an organization from fully embracing the contributions of all midwife colleagues and students. In addition to education sessions and poster presentations identified within the new track, we have several plenary sessions focused on racism and health disparities as well as social justice for women of color.

Topics covered in the Racism and Health Disparities track include, but are not limited to, the reduction of peripartum racial and ethnic disparities through safety bundles; research and practice implications of the gut microbiome and gestational weight gain in African American women; health disparities in chronic kidney disease and HIV care; curriculum tools for teaching students about race, racism, cultural humility, and social justice; caring for vulnerable populations in birth center settings; and examining stillbirth and perinatal loss from a reproductive justice world view.

We thank everyone who embraced this call to action by submitting abstracts for posters or presentations. We look forward to continuing this tradition and to the rich dialogue that results from the Racism and Health Disparities track.
Ancillary Meetings

All meetings take place at the Convention Center and are open to the public, unless otherwise noted.

SATURDAY, MAY 19

12p-2:15p
Finance and Audit Committee
Invite Only
Riverscape A, 2nd FL, Westin

3p-4p
Representatives of ACNM, ACNMF, AABC, ACME Meeting
Riverscape B, 2nd FL, Westin

SUNDAY, MAY 20

4p-5p
Division of Standards and Practice Board of Governors Meeting
Jasper Boardroom, 1st FL

MONDAY, MAY 21

7a-8a
Division of Education Meeting
100, 1st FL

8a-9a
ACNM Nominating Committee Meeting
Jasper Boardroom, 1st FL

8a-10a
Medical Education Caucus
102, 1st FL

9:45a-10:45a
Students & New Midwives Section: Student Report Writing #1
Invite Only
100, 1st FL

9:45a-11:45a
ACME Volunteer Roundtable Discussion
ACME volunteers only
101, 1st FL

10a-11a
Newborn Screening Education Information Session
Jasper Boardroom, 1st FL

12p-1:45p
Division of Research Workforce Section Meeting
103, 1st FL

12:30p-1:30p
Midwives of Color Business Meeting
101, 1st FL

Business Section Meeting
Jasper Boardroom, 1st FL

Division of Global Health Open Meeting
100, 1st FL

Virginia Affiliate Meeting
Riverscape B, 2nd FL, Westin

1:15p-2p
Reducing Primary Cesareans Collaborative Work Session
106, 1st FL

4p-5p
Students and New Midwives Section and Fellows Mingle and Mentor
Invite Only
101, 1st FL

Public Health Caucus Meeting
Jasper Boardroom, 1st FL

6p-7p
Disaster Preparedness and Response Caucus
100, 1st FL

7p-9p
Frontier Nursing University Alumni and Friends Reception
Invite Only
Harbor Ballroom, 1st FL, Westin

8:15p-9:15p
Kansas ACNM Affiliate Meeting
Invite Only
Riverscape A, 2nd FL, Westin
Ancillary Meetings

MONDAY, MAY 21

8:30p-10:30p
University of Michigan Midwifery Students, Alumni, Preceptors, and Supporters Reception
Champion’s Suite, 16th FL, Westin

TUESDAY, MAY 22

7a-8:30a
Home Birth and Birth Center Section
106, 1st FL

ACNM Fellowship Board of Governors Meeting
Invite Only
Jasper Boardroom, 1st FL

National and State Government Affairs Committee (GAC)/ Political Action Committee (PAC)/ Committee for the Advancement of Midwifery Practice (CAMP) Meeting
102, 1st FL

Midwives for Sexual and Reproductive Health and Abortion
101, 1st FL

7a-8:45a
Division of Research (DOR) Board of Governors Meeting
Invite Only
105, 1st FL

7:30a-8:15a
Quality Section
200, 2nd FL

7:30a-8:30a
Midwife Educators Section Meeting
Riverscape A, 2nd FL, Westin

Membership and Marketing Committee Meeting
Invite Only
Riverscape B, 2nd FL, Westin

ACNM Ethics Committee
104, 1st FL

7:30a-8:30a
Students & New Midwives Section: Student Report Writing Session #2
Invite Only
100, 1st FL

8a-8:45a
Reducing Primary Cesareans Informational Session
103, 1st FL

12p-1:30p
Committee to Advance Midwifery Practice Luncheon. Midwife Up: Promote the Value of Midwifery in Everyday Language.
RSVP required: midwife@classicsoul.com
106, 1st FL

12:15p-1:15p
Pennsylvania Affiliate Meeting
102, 1st FL

Journal of Midwifery & Women’s Health Peer Reviewer Meeting
Invite Only
102, 1st FL

12:30p-2p
ACNM Fellowship Council of Fellows
Invite Only
Grand Ballroom, 2nd FL, Westin

1p-2p
President, President-Elect, VP, and New Division Chairs
Invite Only
Champion’s Suite, 16th FL, Westin

Bylaws Committee Meeting
Invite Only
Jasper Boardroom, 1st FL

2:30p-3:30p
Clinical Documents Section Meeting
Invite Only
Jasper Boardroom, 1st FL

Midwives in Support of Life Caucus
104, 1st FL
Ancillary Meetings

2:30p–3:30p
Division for the Advancement of Midwifery
Invite Only
100, 1st FL

Division of Organizational Capacity Meeting
Invite Only
101, 1st FL

Division of Membership and Publications
Invite Only
102, 1st FL

Division of Advocacy and Affiliate Support
Invite Only
103, 1st FL

4p–7:30p
Case Day, Panel Discussion "Birth Justice & Equality" by FNU for Students
Invite Only
106, 1st FL

8p–10p
Colorado Affiliate Gathering
Riverscape B, 2nd FL, Westin

11a–12p
Professional Liability Section
Jasper Boardroom, 1st FL

12p–1p
New York State Association of Licensed Midwives (NYSALM)
106, 1st FL

12p–2p
Immunization Focus Group
Invite Only
Riverscape A, 2nd FL, Westin

Uniformed Services Affiliate Meeting (Active Duty, GS & Retired CNMs)
100, 1st FL

12:30p–1:30p
Publications Committee
Invite Only
Jasper Boardroom, 1st FL

1p–3p
How to Interview a Midwife for ACNM Midwifery History Caucus
101, 1st FL

WEDNESDAY, MAY 23

7a–8a
Movie – Moment to Moment: Teens Growing Up with FASDs
105, 1st FL

7a–8:15a
Doctorate in Midwifery Informational Breakfast, Midwifery Institute at Jefferson
101, 1st FL

7a–8:30a
Speed Mentoring for ACNM Fellows
Invite Only
100, 1st FL

11a–12p
Archives Committee
Riverscape B, 2nd FL, Westin
Book Signings

Join us to celebrate, support, and meet today’s leading nonfiction and fiction midwifery authors. All signings will be held at the ACNM Store on the River Concourse.

SUNDAY, MAY 20 @ 4:15p - 5:30p & MONDAY, MAY 21 @ 12:30p – 1:15p

**Patricia Harman, CNM**

**The Reluctant Midwife**

USA Today bestselling author of *The Midwife of Hope River* returns with a heartfelt sequel. Full of humor and compassion, *The Reluctant Midwife* is a moving tribute to the power of optimism and love to overcome trying circumstances and times. Set in West Virginia during the Great Depression, this novel is teaming with life and is sure to please fans of the *Call the Midwife* series.

MONDAY, MAY 21

1:30p – 2:15p

Tekoa L. King, CNM, MPH, FACNM; Mary C. Brucker, CNM, PhD, FACNM; Jan M. Kriebs, CNM, MSN, FACNM; Jennifer O. Fahey, CNM, MSN, MPH; Carolyn L. Gegor, CNM, MS, FACNM; and Helen Varney Burst, CNM, DHL (Hon), MSN, FACNM

**Varney’s Midwifery, Sixth Edition**

The gold standard for midwives and students is back with *Varney’s Midwifery*, Sixth Edition. New to this edition are chapters describing the profession of midwifery, reproductive physiology, clinical genetics, and support for women in labor. Interwoven throughout is updated information on primary care, gynecology, maternity care, and neonatal care, as well as new anatomical and clinical illustrations.

TUESDAY, MAY 22

11:00a – 11:45a

Nell Tharpe, CNM, MS, CRNFA, FACNM; Cindy L. Farley, CNM, PhD, FACNM; and Robin G. Jordan, CNM, PhD, FACNM

**Clinical Practice Guidelines for Midwifery & Women’s Health, Fifth Edition**

This accessible reference guide has been completely revised to reflect the changing clinical environment. It offers current evidence-based practice, updated approaches, and opportunities for midwifery leadership in every practice setting. Also included are information about integrative, alternative, and complementary therapies, as well as the use of ICD-10 codes, policy and advocacy, and much more.

12:30p – 1:15p

Neel Shah, MD

**Understanding Value-Based Healthcare**

*Understanding Value-Based Healthcare* is a succinct, interestingly written primer on the core issues involved in maximizing the efficacy and outcomes of medical care when cost is a factor in the decision-making process. This timely book delivers practical and clinically focused guidance on one of the most debated topics in medicine and medicine administration today.
Book Signings

2:45p - 3:15p
Linda Janet Holmes, MPA

Listen to Me Good: The Story of an Alabama Midwife

Listen to Me Good: The Story of an Alabama Midwife is the oral history of grand midwife Margaret Charles Smith, who devoted herself for nearly five decades to providing care for thousands of women in rural Greene County, Alabama. Smith reveals her wisdom in stories that capture the life-and-death struggle of the birthing experience and the African American traditions, the pharmacopeia, and spiritual attitudes that influenced her practice.

Through reflections of midwives of color and a review of selected articles and historical documents the report Into the Light of Day, traces the history of midwives of color, beginning with the opening of the Tuskegee School of Midwifery for Colored Nurses in September 1941 with a class of four students. It goes on to chronicle the nearly 40 years of informal and formal meetings of the Midwives of Color Committee (MOCC) and its antecedents.

3:15p – 4:00p
Sharon Schindler Rising, MSN, CNM, FACNM

The CenteringPregnancy Model: The Power of Group Health Care

Written by two distinguished leaders in midwifery, this text provides a comprehensive examination of an effective model of group care. Chapters discuss the model’s development, its use in clinical practice, and its widespread growth as an effective alternative to traditional care. The chapters emphasize the power of facilitative leadership that encourages behavior change and personal empowerment.

4:15p – 5:30p
Cindy L. Farley, CNM, PhD, FACNM; and Robin G. Jordan, CNM, PhD, FACNM

Prenatal and Postnatal Care, Second Edition

The second edition of this comprehensive and award-winning text contains six new chapters on the following topics: prenatal ultrasound, triage of the pregnant woman, assisting women to develop confidence for physiologic birth, pregnancy after infertility, oral health, and issues around diversity and inclusion in prenatal and postnatal care, and offers the information needed to master foundational knowledge.
## Schedule by Day • Saturday, May 19

Unless otherwise noted, all activities take place at the Savannah International Trade & Convention Center.

<table>
<thead>
<tr>
<th>TIME</th>
<th>ACTIVITIES</th>
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<tbody>
<tr>
<td>8a-5p</td>
<td>WK 1 Advanced Life Support in Obstetrics (ALSO)® Course</td>
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<td>Grand Ballroom D, 2nd FL, Westin</td>
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<tr>
<td>9a-3p</td>
<td>Midwifery Then &amp; Now Tour (pre-registration required)</td>
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<td>Off-site</td>
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<tr>
<td>12p-2:15p</td>
<td>Finance and Audit Committee Meeting</td>
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<td>Invite Only</td>
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<td>Riverscape A, 2nd FL, Westin</td>
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<tr>
<td>3p-6p</td>
<td>Registration</td>
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<td></td>
<td>Georgia International Gallery, 2nd FL</td>
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<tr>
<td>6p-9p</td>
<td>The A.C.N.M. Foundation Board of Trustees Meeting</td>
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<td></td>
<td>Riverscape B, 2nd FL, Westin</td>
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Workshops • Saturday, May 19

8a - 5p  **Advanced Life Support in Obstetrics (ALSO)**
Albert Runzel, CNM, MSN; Sherrie St. Clair, CNM

**WK1 TRACK: Clinical**  **CE: 15 (9 online)**

Grand Ballroom D 2nd FL Westin
A new one-day course format is available for Advanced Life Support in Obstetrics (ALSO®). This newly evolved course is an evidence-based interprofessional training program that prepares members of the entire maternity care team to better manage obstetric emergencies through teaching standardized approaches to care. This comprehensive course encourages team-based learning among physicians, residents, midwives and nurse-midwives, and registered nurses to improve patient safety and affect maternal outcomes in a positive way. Learners will successfully complete required online course elements at their own pace before attending the one-day live portion of the course. The live portion then provides multiple hands-on opportunities for learners to practice skills and apply what they have learned. This is accomplished by rotating learners through interactive group case study workstations, in situ skills workstations, and simulated hands-on group testing scenarios throughout the day.

8a - 4p  **Exam Prep: A Two-Day Approach**
Missi Stec, CNM, DPN, APRN, FACNM; Cara Busenhart, CNM, PHD

**WK2A TRACK: Education**  **CE: None**

105, 1st FL  
This session provides a comprehensive overview of the AMCB board examination for midwives. The session is divided into six sections and offers both content-based and case-based review for each section in a two-day format. Students are offered more than 400 questions for review within the workshop as well as access to educators and clinical experts to assist in their preparation.
## Schedule by Day

### Sunday, May 20

**TIME** | **ACTIVITIES**
--- | ---
7a-5:30p | Registration  
Georgia International Gallery, 2nd FL
Local Committee Hospitality Booth  
Rotunda Booth, 1st FL

7a-6p | Speaker Ready Room  
Gwinnett Boardroom, 1st FL

8a-12p | Board of Directors Meeting  
Grand Ballroom B, 2nd FL, Westin
WK 5A Ultrasound Didactic Session  
Grand Ballroom E, 2nd FL, Westin
WK 6 Accupressure in Labor  
100, 1st FL
WK 7 High and Dry: Pessary Fitting 101  
104, 1st FL
WK 8 Scents and Sensibility: Clinical Aromatherapy in Midwifery Practice  
200, 2nd FL
WK 9 What Happens When a Lawsuit Goes to Trial?  
Chatham Ballroom B, 2nd FL
WK 11 Increasing Access to Immediate Postpartum LARC: Clinical Update, Systems Solutions, and Hands-on IUD Insertion Training  
204, 2nd FL
WK 12 Preparing Future Generations: A Workshop for Midwives Working as Educators in Midwifery, Medicine, and Nursing  
Chatham Ballroom A, 2nd FL
WK 13 Primary Care of the Woman Over Age 40  
205, 2nd FL
WK 14 Pharmacology: Update for Women’s Health Hot Topics of Today  
201, 2nd FL

8a-4p | WK 2B Exam Prep  
105, 1st FL
WK 3 Perineal Repair Update: A Suturing Workshop  
102, 1st FL
WK 4 Accreditation Commission for Midwifery Education (ACME): Maximizing Educational Quality through the ACME Criteria  
202, 2nd FL

Unless otherwise noted, all activities take place at the Savannah International Trade & Convention Center.
### Schedule by Day • Sunday, May 20

**TIME**  | **ACTIVITIES**
--- | ---
8a-5p | The A.C.N.M. Foundation Board of Trustees Meeting
   | Invite Only
   | Riverscape A, 2nd FL, Westin
11a-3p | Journal of Midwifery & Women's Health Editorial Board Meeting
   | Jasper Boardroom, 1st FL
12:15a-3p | ACNM National Volunteer Leaders Luncheon
   | Invite Only
   | Grand Ballroom A, 2nd FL, Westin
1p-5p | WK 5B Ultrasound Clinical Session
   | 203, 2nd FL
   | WK 15 Elective Newborn Circumcision: Skills for Midwives
   | To be determined
   | WK 16 Incorporating Endometrial Biopsy into Clinical Management of Abnormal Uterine Bleeding
   | 103, 1st FL
   | WK 17 Diagnosis and Management of Sexual Pain in Women: An Innovative Collaboration Between a Midwife and a Physical Therapist
   | 205, 2nd FL
   | ES 100 (Extended Session) Being Effective in Global Midwifery: Addressing Power and Cultural Bias to Build Bidirectional and Reciprocal Relationships for Learning
   | 100, 1st FL
3p-4p | ES 101 "I Was Satisfied with the Care Because They Didn't Beat Me": A Panel Discussion on Respectful Maternity Care and Mistreatment of Women in Childbirth Around the Globe
   | Oglethorpe Auditorium, 1st FL
   | ES 115 Prenatal Aspirin Intervention to Reduce Negative Maternal and Fetal Outcomes in At-Risk Women: The Role of the Midwife
   | Chatham Ballroom B, 2nd FL
3p-7p | ACNM Store
   | River Concourse, 1st FL
4p-6p | Future Midwives Gathering with the ACNM Board and National Office Staff
   | Grand Ballroom D, 2nd FL, Westin
4:15p-5:15p | ES 103 Preeclampsia Primer: What’s Old, What’s New, and “Must Knows” for Dealing with Preeclampsia
   | 105, 1st FL
   | ES 104 Physiology-Based Interpretation of Fetal Heart Rate Patterns in Labor: Review of a New Approach
   | Chatham Ballroom A, 2nd FL
## TIME ACTIVITIES

### Sunday, May 20

<table>
<thead>
<tr>
<th>Time</th>
<th>Activities</th>
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Oglethorpe Auditorium, 1st FL                                                                   |
|              | **ES 106** There is No Such Thing as Cord Blood: Shifting the Paradigm  
Chatham Ballroom B, 2nd FL                                                                 |
|              | **ES 107** (Fast Track)  
Curriculum Tools for Discussing Race and Racism in Midwifery;  
Tools & Examples for Promoting Equity in Midwifery Education and Training: Towards Meaningful Diversity and Inclusion  
201, 2nd FL  
**Afternoon at the Movies:** *Con Madre* and *Giving Birth in America: Louisiana*  
Chatham Ballroom C, 2nd FL                                                                   |
| 5:30p-6:30p  | **ES 109** Induction of Labor: Are You Choosing the Best Techniques and Medications for Success? A Review of New Evidence,  
with Special Emphasis on Labor Induction in Women Who are Obese  
Chatham Ballroom C, 2nd FL                                                                   |
|              | **ES 110** ACNM-ACOG Maternity Care Education and Practice Redesign: Preparing Midwives and Obstetrician-Gynecologists for the Future  
100, 1st FL                                                                                                                                 |
|              | **ES 111** A Tale of Two Births: Newborn Resuscitation and the Use of CPAP in the Out-of-Hospital Setting  
105, 1st FL  
**ES 112** The Silent Maternal Mortality? Lifetime Primary Care for Women with Diabetes, Hypertension, or Cardiovascular Disease as a Result of Pregnancy  
Oglethorpe Auditorium, 1st FL                                                                  |
|              | **ES 113** (Fast Track)  
Interprofessional Communication and Collaboration During Emergent Birth Center Transfers: A Quality Improvement Pilot Project;  
Optimizing Access and Interprofessional Collaboration: The Transition Between a Home Birth Setting to a Hospital Setting  
Chatham Ballroom B, 2nd FL                                                                   |
|              | **ES 114** DOR Forum I  
Chatham Ballroom A, 2nd FL  
**Clinical Training Program:** NEXPLANON® (etonogestrel implant) *Light Meal Provided by ACNM*  
Riverscape B, 2nd FL, Westin                                                                   |
| 7p-9p        | **Midwives of Color Committee Annual Fundraising and Social Event**  
Ticketed event  
Grand Ballroom A, 2nd FL, Westin                                                                |
| 9p-11p       | **Heart of Midwifery**  
Grand Ballroom C, 2nd FL, Westin                                                               |
Highlighted Activities & Events

SUNDAY, MAY 20

12:15p-3p
ACNM National Volunteer Leaders Luncheon
Invite only
Grand Ballroom A, 2nd FL, Westin

This working luncheon provides an opportunity for the national volunteer leadership to come together to identify priorities for the upcoming year and to plan for the transition into the new volunteer structure.

4p-6p
Future Midwives Gathering with the ACNM Board and National Office Staff
Grand Ballroom D, 2nd FL, Westin

This event brings students together with ACNM board members, staff, Foundation leadership, and other volunteer leaders to learn about roles within ACNM, current projects, and other initiatives in a relaxed, social atmosphere. It’s a great opportunity to rub shoulders with the key leaders of your profession.

4:15p-5:15p
Afternoon at the Movies
Chatham Ballroom C, 2nd FL

ACNM’s annual movie night moves to the afternoon with a special screening of two documentary films made possible by Every Mother Counts, the maternal health non-profit dedicated to making pregnancy and childbirth safe for every mother, everywhere. The films examine barriers and solutions to accessing maternal health care here and abroad. The first film, Con Madre, featured on the National Geographic channel, highlights the importance of midwifery care in one of the most dangerous countries in which to give birth in Central America: Guatemala. The film follows two students training to be the first university-level midwives (parteras) as they return to their rural, indigenous communities. The second film, Giving Birth in America: Louisiana, is the fourth installment of the Giving Birth in America series. The film follows two pregnant women in the aftermath of the 2016 Baton Rouge floods as they face compounded challenges while trying to have healthy pregnancies. The film also highlights the importance of compassionate care when more women, especially women of color, are at risk of complications in pregnancy and childbirth.

A scene from Con Madre, the first of two short documentaries, will be shown during our Afternoon at the Movies.
SUNDAY, MAY 20

5p-8p

Clinical Training Program: NEXPLANON®, Sponsored by Merck
Riverscape B, 2nd FL, Westin

Join your colleagues for this hands-on training for insertion and removal procedure of NEXPLANON 68 mg Radiopaque (etonogestrel implant), as well as implant localization techniques. Completion of this course will allow you to order the product from authorized distributors. The session, which includes a light supper, is only open to CMs/CNMs and other providers authorized to perform the procedures within their jurisdiction(s). Attendees are requested to stay for the full three-hour session to receive the certification of attendance.

7p-9p

Midwives of Color Committee Annual Fundraising and Social Event
Grand Ballroom A, 2nd FL, Westin

Support ACNM’s goals of advancing diversity and inclusion in our profession and organization by attending this high-energy fundraiser. All midwives, students, and other attendees are welcome to join in the festivities. There will be food, a cash bar, plenty of fun, and a live auction with the proceeds going to the Midwives of Color Scholarship Fund. Not registered? Please register at annualmeeting.midwife.org (preferred), or pick up your ticket at the door. Regular: $50/Student: $25.

9p-11p

Heart of Midwifery
Grand Ballroom C, 2nd FL, Westin

Open to all! This session is designed to warm your spirit and renew your calling through the sharing of songs, stories, and games. Participants will laugh, cry, listen, and be heard. Includes a hands-blessing ceremony for students as they join the circle of midwives in dedicating their hearts and hands to the women and families they serve.
Workshops + Sunday, May 20

8a - 4p  Exam Prep: A Two-Day Approach
Missi Stec, CNM, DNP, APRN, FACNM; Cara Busenhart, CNM, PhD

WK2B  TRACK: Education  CE: None
105, 1st FL
This session provides a comprehensive overview of the AMCB board examination for midwives. The session is divided into six sections and offers both content and case-based review for each section in a two-day format. Students are offered more than 400 questions for review within the workshop and access to educators and clinical experts to assist in their preparation.

8a - 4p  Perineal Repair Update: A Suturing Workshop
Sarah Smith, CNM, DNP; Eileen Thrower, CNM, PhD; Julie Daniels, CNM, DNP; Vicki Burslem, CNM, FACNM, MSN; Mickey Gillmor CNM, MS; Rebecca Fay, APRN, CNM, DNP, WHNP; Jane Houston, CNM, DNP; Lisa Huckaby, CNM, DNP; Dwynn Golden, DNP, CNM; Judith Butler, CNM, DNP

WK3  TRACK: Clinical  CE: 7.0
102, 1st FL
This hands-on workshop is designed for new graduates and seasoned CNMs/CMs needing to brush up on suturing skills. During the workshop, perineal anatomy and indications for repair, administration of local anesthesia, and post-repair assessment while maintaining a woman’s dignity will be discussed. Skills include one-handed knot tying, instrument tie, repair of second-degree perineal laceration/episiotomy, and first-degree labial laceration, utilizing the most recent evidence.

8a -4p  Accreditation Commission for Midwifery Education (ACME): Maximizing Educational Quality through the ACME Criteria
Melissa Avery, CNM, PhD, FAAN, FACNM; Maryann Long, PhD, CNM; Victoria Baker, CNM, PhD, CPM; Heather L. Maurer, MA

WK4  TRACK: Education  CE: 7.0
202, 2nd FL
The process of accreditation of midwifery education programs is becoming more complex. Often program directors and faculty have not had experience in preparing for the accreditation process and do not understand compliance requirements. This workshop is designed to provide attendees with all of the nuts and bolts of ACME accreditation. It will also provide up-to-date information on writing the self-evaluation report (SER) and preparing for a site visit. Attendees will actively participate in activities to prepare them for a successful accreditation process and annual monitoring reports during the accreditation period. Information presented will be relevant for those planning to start a new midwifery education program and preparing for the pre-accreditation process. This workshop is highly recommended for all new program directors, and also for directors of midwifery programs that are up for review in the next one to three years.
**Workshops + Sunday, May 20**

### 8a - 12p  Introduction to Obstetric-Gynecologic Ultrasound: Didactic Session

**Julie Gaston, BS, RDMS, RVT**

**WK5 TRACK: Clinical**  
**CE: 9 (5 online)**

**Sonosession** is proud to offer a hands-on ultrasound workshop in partnership with ACNM. It includes a lecture, hands-on scanning demonstration, and Q&A. Each participant will have a two-hour live scanning opportunity. There will be various stations set up that focus on a variety of scanning skills, including transvaginal, CRL measurements, assessment of ovaries and endometrium, IUD evaluation, and third trimester imaging, including AFI, fetal lie, placental location, and cervical length. Each participant will rotate through two stations. The stations are strategically selected based on a participant’s learning objectives and scanning experience. Sonosession’s online learning platform is accessible to participants before the meeting, in preparation for the hands-on scanning session.

### 8a - 12p  Acupressure in Labor

**Judith Schlaeger, PhD, CNM, LAc; Jeanie Bussell, PhD, LAc**

**WK6 TRACK: Clinical**  
**CE: 3.5**

For more than two millennia, midwives in Asia have been using acupressure for the relief of labor pain. Other uses include labor augmentation, reducing nausea and vomiting, and rotating a fetus that presents in occiput posterior. This workshop will provide midwives with the skills necessary to assess the woman in labor from a traditional Chinese medicine perspective and to implement an acupressure prescription to facilitate her labor.

### 8a - 12p  High and Dry: Pessary Fitting 101

**Noelle Borders, CNM, MSN; Laura Migliaccio, CNM; Lisa Bishop, CNM; Kara Barnes, MD**

**WK7 TRACK: Clinical**  
**CE: 3.5**  
**RX: 210 Min.**

Vaginal pessaries are a safe, cost-effective, low-tech, non-surgical treatment alternative for women with pelvic organ prolapse (POP) and urinary incontinence (UI). Studies show as many as 30% of women have POP and UI, and both are underreported and undertreated. The population of women is aging, and midwives can expand their knowledge, skills, and services to provide pessaries for patients. This dynamic, interactive workshop will provide an overview of POP and UI, and basic pessary use, fitting, and care. Working in small groups, attendees will practice evaluating and fitting women for pessaries using case studies and pelvic models.

### 8a - 12p  Scents and Sensibility: Clinical Aromatherapy in Midwifery Practice

**Annie Massed, CNM, MPH**

**WK8 TRACK: Clinical**  
**CE: 3.5**  
**RX: 15 Min.**

This clinical aromatherapy workshop will be an interactive learning experience. It will include a brief historical review of essential oils as a healing methodology and a discussion of the most recent renaissance of aromatherapy in practice. Attendees will learn how essential oils are made, how they are absorbed in and excreted by the body, and their effects on physical and emotional well-being. Attendees will also have the opportunity to participate in safe application. Five important essential oils related to women’s health will be presented with current research cited for each. Challenges in and guidelines for integrating aromatherapy into midwifery practice will be discussed.
Workshops  •  Sunday, May 20

8a - 12p  What Happens When a Lawsuit Goes to Trial?
Michelle Palmer, CNM, MSN; Carolyn Gegor, CNM, MS; Michelle Collins, PhD, CNM, FACNM, FAAN; Mamie Guidera, CNM, MSN, FACNM

WK9  TRACK: Midwifery Matters-Business  CE: 3.5
Chatham Ballroom B  2nd FL

Understanding the litigation process is greatly beneficial to the practicing midwife. As interprofessional health care takes hold in the birth arena, midwives need to better understand the interface of clinical care with legal processes. This understanding becomes critical in the event of an adverse outcome resulting in litigation. This multi-media presentation with the use of a mock trial will engage attendees in understanding legal terms and principles involved with litigation; pearls for prevention and risk reduction will be reviewed.

8a - 12p  Increasing Access to Immediate Postpartum LARC: Clinical Update, Systems Solutions, and Hands-On IUD Insertion Training
Eve Espey, MD, MPH; Mica Bumpus, MPA; Abigail Reese, CNM, MSN; Helen Ryan

WK11  TRACK: Clinical  CE: 3.5  RX: 30 Min.
204, 2nd FL

This workshop will review current clinical recommendations from ACOG and the CDC and detail research findings regarding the safety and effectiveness of immediate postpartum long-acting reversible contraception (LARC). Strategies to overcome systems-level barriers that limit access to immediate postpartum LARC will also be discussed and implementation resources will be provided. This workshop will improve participants’ knowledge of the safety, efficacy, and advantages of immediate postpartum LARC initiation.

8a - 12p  Preparing Future Generations: A Workshop for Midwives Working as Educators in Midwifery, Medicine, and Nursing
Judy Lazarus, CNM, DNP

WK12  TRACK: Education  CE: 3.5
Chatham Ballroom A  2nd FL

This workshop, offered by the Midwifery Educators section of the Division of Education, is designed for educators and preceptors of students in midwifery, nursing, medical school, and residency. A session on strategies for implementation of anti-racism and equity content in the classroom and clinical settings will start the day. Break-out activities will feature special interest sessions on topics pertaining to innovation and strategies in didactic education and precepting. A general session on successful models of interprofessional clinical education will wrap up this workshop.

8a - 12p  Midwifery Management of Common Primary Care and Gynecological Concerns Impacting Women Over Age 40
Desiree Clement, DNP, ARPN, CNM, FNP-BC

WK13  TRACK: Clinical  CE: 3.5
205, 2nd FL

This workshop will combine lecture, case studies, and interactive case management discussion on potential common primary care and gynecologic complaints of women over age 40 presenting for midwifery care. Midwifery scope of practice includes primary care management along with gynecology. Topics include overview of pelvic pain and menstrual complaint management, breast complaints, changes in sexual response, screening for female genitourinary complaints and cancers of the female organs, and menopause management.
8a - 12p  Pharmacology: Update for Women’s Health Hot Topics of Today  
Bridget Howard, CNM, MSN  
WK14 TRACK: Clinical  CE: 3.5  RX: 180 Min.  
201, 2nd FL  
This workshop will present current issues of pharmacological agents prescribed for women, focusing on updates and effects for women’s health in primary care and pregnancy. Information will also be presented addressing some of the effects of prescribed agent effectiveness for women of differing ethnicities.

1p - 5p  Elective Newborn Circumcision: Skills for Midwives  
Michelle Drew, DNP, MPH, CNM, FNP-C; Theresa Coley-Kouadio, CNM, MSN  
WK15 TRACK: Clinical  CE: 3.5  RX: 30 Min.  
Location to be determined  
The purpose of this session is to provide didactic education and hands-on simulation on the risks, benefits, and alternatives to male circumcision; how to provide informed consent; and practice on performing the procedure for newborn male circumcision using both the Gomco and Mogen clamps. It is important that CNMs/CMs are educated and empowered to provide comprehensive care for women and newborns, including being able to give parents of newborn boys comprehensive education on the risks, benefits, and alternatives to newborn male circumcision.

1p - 5p  Incorporating Endometrial Biopsy into Clinical Management of Abnormal Uterine Bleeding  
Ami Goldstein, CNM, FNP, MSN  
WK16 TRACK: Clinical  CE: 3.5  RX: 20 Min.  
103, 1st FL  
Endometrial biopsy is an important skill for midwives providing gynecologic care. It is part of the care of women with abnormal uterine bleeding (AUB). This session will provide the foundation of understanding of the common causes of AUB and practical next steps in evaluation and management. There will be an opportunity to practice endometrial biopsy and discussion of how to incorporate it into daily clinical practice.

1p - 5p  Diagnosis and Management of Sexual Pain in Women: An Innovative Collaboration Between a Midwife and a Physical Therapist  
Kathy Herron, CNM, MS; Melissa Donaghy, PT, DPT, WCS, CLT-LANA  
WK17 TRACK: Clinical  CE: 3.5  RX: 30 Min.  
205, 2nd FL  
This workshop will go beyond the basics to give midwives the information and resources to manage sexual pain patients. Sexual pain that results from sexual dysfunction is most difficult to diagnose. Etiologies, history taking, examinations, testing, and treatments will be covered in detail. Learn how a midwife and a pelvic floor physical therapist work together to help these women. Attendees will leave with confidence in their ability to help these patients.
1p - 5p  EXTENDED SESSION

ES100  TRACK: Global Midwifery  CE: 4

100, 1st FL

Being Effective in Global Midwifery: Addressing Power and Cultural Bias to Build Bidirectional and Reciprocal Relationships for Learning

Robyn Churchill, CNM MSN; Eileen Stuart-Shor, PhD, ANP-BC, FAAN; Linda Jacobsen, CNM, FNP, MPH

This interactive session will explore challenges of poorly resourced health systems to identify the risks of unequitable global partnership. Attendees will be able to compare strategies to address implicit bias and power imbalances. Structural bias and unintentional paternalism within the United States will also be discussed. The session will end with a discussion of identified themes and their effect on midwives’ work in any setting.

International Disaster Response for Midwives: The Nuts and Bolts, Brass Tacks, and Nitty-Gritty

Karen Hays, CNM, ARNP, DNP; Robbie Prepas, CNM, JD

The goal of this interactive session is to introduce midwives to the scope of competencies needed to effectively protect and care for women and young infants during chaotic situations, such as natural disasters, and other crises, such as refugee situations. Midwives of all levels of experience and students are welcome.

3p - 4p  ES101  TRACK: Global Midwifery  CE: 1

Oglethorpe Auditorium 1st FL

“I was Satisfied with the Care Because They Didn’t Beat Me”: A Panel Discussion on Respectful Maternity Care and Mistreatment of Women in Childbirth around the Globe

Michelle Dynes, CNM, MSN, MPH, RN, PhD; Nicole Warren, CNM, MPH, PhD; Mary Ellen Stanton, CNM, MSN, FACNM; Deborah Armbruster, CNM, MPH, FACNM; Saraswathi Vedam, RM, FACNM, MSN, SciD(hc)

This panel will provide an overview of the current literature and evidence on respectful maternity care (RMC) and the influence of disrespectful and abusive care on women’s birth experiences. Panelists will share information on RMC qualitative and quantitative research and programmatic work from across the globe. This session will include a review of current efforts to move the scientific work forward through development of conceptual models of RMC, improved measurement tools, clinical interventions, and global advocacy strategies.

3p - 4p  ES115  TRACK: Clinical  CE: 1  RX: 10 Min.

Chatham Ballroom B 2nd FL

Prenatal Aspirin Intervention to Reduce Negative Maternal and Fetal Outcomes in At-Risk Women: The Role of the Midwife

Courtney Steer Massaro, CNM, FNP-C, MPH

Preclampsia affects 3.8% of births in the United States and is the leading cause of iatrogenic preterm births. The USPSTF advocated for the initiation of low-dose aspirin use in women at-risk for hypertensive disorders in pregnancy. Boston Medical Center is a tertiary care, safety-net hospital in Boston, MA, with many patients at risk for hypertensive disorders in pregnancy. We conducted an implementation study to increase provider screening for and prescribing of prenatal (low-dose) aspirin for high-risk patients. Screening and, if needed, prescribing aspirin, is an important area of prenatal care where midwives can have lasting influences on their patients’ pregnancy outcomes.
Education Sessions  •  Sunday, May 20

4:15p - 5:15p  Preeclampsia Primer: What’s Old, What’s New, and “Must Knows” for Dealing with Preeclampsia

Diane M. Folk, CNM, DNP

ES103 TRACK: Clinical  CE: 1  RX: 10 Min.

105, 1st FL

Experienced as well as new midwives will care for women with preeclampsia. Current information regarding preeclampsia, recently updated severe acute hypertension treatment guidelines, and considerations for birth timing is essential for midwives. This presentation will explore why maternal morbidity and mortality caused by preeclampsia continue to be problems and what we can do to reduce these complications.

4:15p - 5:15p  Physiology-Based Interpretation of Fetal Heart Rate Patterns in Labor: Review of a New Approach

Dominique Waldau, RM (UK), RN, MSN, CNM

ES104 TRACK: Clinical  CE: 1

Chatham Ballroom A 2nd FL

Current electronic fetal monitoring guidelines are based on pattern recognition and the classification of strips into a three-tier system that does not incorporate the wider clinical picture and fetal physiology. A group of providers at St George’s Hospital of London has developed an alternative EFM interpretation approach that looks at fetal physiology and compensatory responses to hypoxic stress and how this is reflected in fetal heart rate tracings. This approach helps practitioners recognize newborns who are stressed, but compensating well versus those who are stressed and decompensating. It has significantly reduced St George’s intrapartum emergency cesarean rates and improved neonatal outcomes.

4:15p - 5:15p  Who’s Caring for the Midwife? Compassion and Caregiver Fatigue in the Setting of Secondary Traumatic Stress

Michelle Collins, PhD, CNM, FACNM, FAAN; Edith Cloyd, JD, RN, PMHNP-BC; Kathryn Silverstein, MEd, NCC

ES105 TRACK: Clinical  CE: 1  RX: 20 Min.

Oglethorpe Auditorium 1st FL

Compassion fatigue and secondary traumatic stress are real concerns for midwife providers. This presentation will examine the current state of the workforce, burnout rates and causes, and the concepts of compassion fatigue and secondary traumatic stress as these topics relate to the midwifery profession. Strategies to address these issues, including both pharmacologic and non-pharmacologic, will be presented. A certified nurse-midwife, therapist with expertise in trauma and post-traumatic stress disorders, and a psychiatric/mental health nurse practitioner team up to deliver this comprehensive presentation.

4:15p - 5:15p  There is No Such Thing as Cord Blood: Shifting the Paradigm

Mayri Leslie, CNM, EdD, MSN, FACNM

ES106 TRACK: Clinical  CE: 1  RX: 5 Min.

Chatham Ballroom B 2nd FL

Substantial evidence supports the importance of delaying cord clamping to allow for a more complete placental transfusion of the neonate’s own blood. However, evidence does not easily change practice. A falsehood exists in the dominant paradigm of maternity care: the myth of cord blood. This enables the justification of inappropriate care and misinforms parents about the decisions they are making. This session will explore this critical issue and engage participants in creating a new paradigm: It’s the baby’s blood.
### Education Sessions ✶ Sunday, May 20

#### 4:15p - 5:15p  **FAST TRACK SESSION**

**ES107**  
**TRACK: Racism and Health Disparities**  
**CE: 1**  

**Curriculum Tools for Discussing Race and Racism in Midwifery**

Leandra Santos CNM, MSN; Brittany Edwards, BSN, SNM

This presentation will address the state of race and racism discussions in midwifery classrooms today. It will also identify strategies to promote anti-racist content throughout the midwifery curriculum by using the following as educational frameworks: structural competency, critical race theory, and reproductive justice. Other strategies will be discussed, such as curriculum threading of race and racism into midwifery curriculum and utilizing a strengths-based approach to education to promote positive learning experiences for students of color.

**Tools and Examples for Promoting Equity in Midwifery Education and Training: Toward Meaningful Diversity and Inclusion**

Kristin Effland, MA, CPM

**TRACK: Education**

This interactive and engaging session will address how to create equity-focused learning environments that improve student experiences and success rates and better prepare all students to provide culturally humble and sensitive care to childbearing persons from diverse backgrounds. Attendees will learn how to provide students who are underrepresented in midwifery with the opportunity to demonstrate resilience by promoting equity in their midwifery schools and clinic environments.

#### 5:30p - 6:30p  **Induction of Labor: Are You Choosing the Best Techniques and Medications for Success? A Review of New Evidence with Special Emphasis on Labor Induction in Women who are Obese**

Nicole Carlson, CNM, PhD; Jessica Ellis, CNM

**ES109**  
**TRACK: Clinical**  
**CE: 1**  
**RX: 30 Min.**  

Chatham Ballroom C  
2nd FL

This session will review new evidence on the use of induction, induction medications, and protocols, and the ways midwives can change their practice to offer all women the best chance of having a successful and low(er) intervention inductions. We will also offer specific suggestions on adapting induction protocols for the unique physiology of women who are obese.

#### 5:30p - 6:30p  **ACNM-ACOG Maternity Care Education and Practice Redesign: Preparing Midwives and Obstetrician-Gynecologists for the Future**

Melissa Avery, PhD, CNM, FACNM, FAAN; John Jennings, MD, FACOG; Elaine Germano, CNM, DRPH, FACNM; Phillip Rauk, MD, FACOG

**ES110**  
**TRACK: Midwifery Matters–Public Perception**  
**CE: 1**

100, 1st FL

ACNM and ACOG have had joint statements of collaborative practice since 1971 and continue to affirm the importance of teamwork and interdependent collaborative practice. This project builds on the work of the ACNM-ACOG Interprofessional Education Workgroup, established in 2014. Presenters will discuss progress to date and existing IPE activities at the four demonstration sites, including challenges and barriers to implementation and how these are being addressed. Time for Q&A and additional ideas from attendees will be allotted.
Education Sessions + Sunday, May 20

5:30p – 6:30p A Tale of Two Births: Newborn Resuscitation and the Use of CPAP in the Out-of-Hospital Setting
Margaret Buxton, CNM, MSN, DNP
ES111 TRACK: Clinical CE: 1
105, 1st FL

Current neonatal resuscitation guidelines include the use of CPAP in the delivery room for respiratory stabilization in neonates. In this presentation, we will discuss the unique challenges related to neonatal resuscitation in the home and birth center. We will review the use of CPAP in the out-of-hospital setting via case presentation and discussion of a unique t-piece resuscitator that is applicable to home and birth center settings.

5:30p – 6:30p The Silent Maternal Mortality? Lifetime Primary Care for Women with Diabetes, Hypertension, or Cardiovascular Disease as a Result of Pregnancy
Mayri Leslie, EdD, CNM, MSN, FACNM
ES112 TRACK: Clinical CE: 1 RX: 20 Min.
Oglethorpe Auditorium 1st FL

Maternal mortality occurs well beyond the period around birth. Consider the lifelong consequences of pregnancy disorders that lead to diabetes, hypertension, and cardiovascular disease in the duration of a woman’s life. Mothers who experience hypertensive disorders of pregnancy are at significant risk for cardiovascular morbidity and mortality from the postpartum period to decades later. This session discusses teaching, follow-through, and existing standards and guidelines for these women we serve.

5:30p – 6:30p FAST TRACK SESSION
ES113 TRACK: Midwifery Matters-Public Perception CE: 1
Chatham Ballroom B, 2nd FL

Interprofessional Communication and Collaboration During Emergent Birth Center Transfers: A Quality Improvement Pilot Project
Lauren Olvera, CNM, DNP

Optimizing Access and Interprofessional Collaboration: The Transition Between a Home Birth Setting to a Hospital Setting
Cara Busenhart, CNM, PhD; Cheryl Gates, CPM

Provision of high-quality, safe care during out-of-hospital perinatal emergencies necessitating transfer to the hospital setting requires seamless coordination and efficient communication among providers across professions. Optimal perinatal outcomes during emergent transfers depend on excellent interprofessional communication and collaboration under pressure. The purpose of this quality improvement project was to implement interprofessional emergent birth center transfer mock drills at a freestanding birth center.

Optimizing Access and Interprofessional Collaboration: The Transition Between a Home Birth Setting to a Hospital Setting
Cara Busenhart, CNM, PhD; Cheryl Gates, CPM

This community-wide project aimed to develop best practice guidelines for a metropolitan area to facilitate the transition between a planned home birth setting into the hospital setting. Barrier-free prenatal care and safe birth options that meet women’s needs were identified as needs in the community. Current guidelines were unclear or not universally accepted among women’s health care professionals, necessitating the need for consensus-building and buy-in. This project came from a collaboration among a CNM, CPM, and MFM, who then included local stakeholders in an iterative process of developing best practice guidelines and garnering buy-in from the community.
Education Sessions • Sunday, May 20

5:30p - 6:30p Division of Research (DOR) Forum 1
Carrie Klima, CNM, PhD, FACNM (moderator)

ES114 TRACK: Miscellaneous CE: 1
E. Brie Thumm, CNM, MSN, PhD(c)
Measuring Midwives’ Perceptions of their Practice Environments: Creation of the Midwifery Practice Climate Scale
Mary Ann Faucher, CNM, PhD, FACNM
The Use of Video Calls in Early Labor Care: Exploring Midwives’ Views of the Potential Benefits and Challenges
Allison Shorten, PhD, RN, RM, FACM
Implementing an Internet-based Decision Aid in Ethnically Diverse Pregnancy Care Settings: Reducing Disparities through Shared Decision-making about Birth after Cesarean
## Schedule by Day ♦ Monday, May 21

Unless otherwise noted, all activities take place at the Savannah International Trade & Convention Center.

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<th>TIME</th>
<th>ACTIVITIES</th>
<th>Location</th>
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<td>6a-7a</td>
<td>Yoga</td>
<td>Georgia International Gallery, 2nd FL</td>
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<tr>
<td>7a-5:30p</td>
<td>Registration</td>
<td>Georgia International Gallery, 2nd FL</td>
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<tr>
<td>8a-12p</td>
<td>The A.C.N.M. Foundation Board of Trustees’ Meeting</td>
<td>Riverscape B, 2nd FL, Westin</td>
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<tr>
<td>8a-6p</td>
<td>ACNM Store</td>
<td>River Concourse, 1st FL</td>
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<tr>
<td>8:30a-9:30a</td>
<td>PLENARY SESSION: ES 600 The Stakes are High: New Information about an Old Teratogen</td>
<td>Oglethorpe Auditorium, 1st FL</td>
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<td>9:30a-1:30p</td>
<td>Artisan Market</td>
<td>Georgia International Gallery, 2nd FL</td>
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<tr>
<td>9:30a-1:45p</td>
<td>Affiliate Development Workshop (Invitation Only)</td>
<td>Harbor Ballroom, 1st FL, Westin</td>
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### ES 200 Pharmacology for Successful Tobacco Cessation
200, 2nd FL

### ES 201 Leading Change: Lessons in Leadership from the Reducing Primary Cesareans Project
Chatham Ballroom C, 2nd FL

### ES 202 Diving for Pearls: ACNM's 4th Update: The Pearls of Midwifery for Reducing Primary Cesarean Deliveries
203, 2nd FL

### ES 204 5th Annual March of Dimes ACNM Symposium: A Blueprint for Maternal Health Activism
Chatham Ballroom A, 2nd FL

### ES 205 Microbiota and Reproductive Health: Sponsored by Lupin
Chatham Ballroom B, 2nd FL

### ES 203 (Extended Session) The Value of Midwifery Presence in Health Systems: Consortium on Safe Labor Insights
Oglethorpe Auditorium, 1st FL

### Affiliate Development Workshop (Invitation Only)
Harbor Ballroom, 1st FL, Westin
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<tr>
<td>10a-2p</td>
<td>“Come Sit Awhile” (moderated unity conversation)</td>
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<td>River Concourse, 1st FL</td>
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<tr>
<td>11a-12p</td>
<td>ES 206 Quality Improvement to Promote High-Quality Maternity Care and Physiologic Birth</td>
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<td>11a-12p</td>
<td>ES 207 AABC Strong Start: Freestanding Birth Centers Serving Vulnerable Populations</td>
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<td>ES 209 Please Don’t Fire My Patient: How to Support Your Pregnant Patients’ Abilities to Earn an Income and Stay Healthy on the Job</td>
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<td>11a-12p</td>
<td>ES 210 Teaching Students to Care about Cultural Humility and Social Justice: What Does it Take?</td>
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<td>11a-1p</td>
<td>ES 208 Beyond Transgender 101: Moving from Provider Shock toward Provider Competence</td>
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<td>12:15p-1:15p</td>
<td>ES 211 Zika Virus in the Americas: Where are We Now and Where are We Headed?</td>
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<td>ES 212 Benchmarking 101: Just Do It!</td>
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<td>ES 213 Are Autism, Preeclampsia, and Alzheimer’s Disease Stops on the Same Trajectory?</td>
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<td>ES 214 Applying the Triple Risk Model to Stillbirth: Implications for Clinical Practice</td>
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<td>ES 215 Chronic Kidney Disease Disparities Among African American Women: Management of CKD and Reflection of a Lived Experience</td>
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<td>Oglethorped Auditorium, 1st FL</td>
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<td>2p-3:45p</td>
<td>WELCOME PREMIER SESSION, FELLOWSHIP INDUCTION &amp; OPENING KEYNOTE ADDRESS: Looking Back to Look Forward: Midwives of Color Fulfilling America’s Unmet Promise</td>
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<td>Keisha L. Goode, PhD and Linda Janet Holmes, MPA</td>
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<td>4p-6p</td>
<td>“Come Sit Awhile” (moderated unity conversation)</td>
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<td>Member Resource Center</td>
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<td>River Concourse, 1st FL</td>
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<td>Grand Opening Exhibit Hall w/Welcome Reception</td>
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<td>Exhibit Hall A, 1st FL</td>
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<td>5:30p-6:30p</td>
<td>ES 216 Refugee Women's Health Care: A Topic for All Midwives</td>
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<td>ES 217 How to Make Precepting Work for You—Innovative Models for Educating Students</td>
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<td>ES 218 Nuts and Bolts of Legislation: Updates and Action</td>
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<td>ES 219 Amniotic Fluid Lactate Monitoring: A Novel Approach to Labor Dystocia Diagnosis and Management</td>
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<td>ES 220 A Meta-Analysis of the Neonatal Outcomes of Waterbirth</td>
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<td>ES 221 Marijuana in Pregnancy: Sorting through Hazy Evidence</td>
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<td>6:30p-8p</td>
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<td>Chatham Ballroom C, 2nd FL</td>
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<td>Regional Meeting V</td>
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<td>Oglethorpe Auditorium, 1st FL</td>
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<td>Regional Meeting VI</td>
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<td>Regional Meeting VII</td>
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<td>Chatham Ballroom A, 2nd FL</td>
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<tr>
<td>8p-10p</td>
<td>Division of Global Health Reception and Silent Auction</td>
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<td>Ticketed Event</td>
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<td>Grand Ballroom B, 2nd FL, Westin</td>
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<tr>
<td>9p-11p</td>
<td>Midwives of Color Sister Circle (for self-identified midwives of color)</td>
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<td>Grand Ballroom C, 2nd FL, Westin</td>
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8:30a-9:30a
Oglethorpe Auditorium, 1st FL

PLENARY SESSION
ES600 The Stakes are High: New Information about an Old Teratogen
Marilyn Pierce-Bulger, CNM, FNP-BC, MN

TRACK: Clinical  CE: 1
This presentation is designed to inspire midwives to develop personalized responses to common client scenarios by providing new information about alcohol use and the neurobehavioral and developmental risks of prenatal alcohol exposure. It will also promote the use of routine alcohol screening and brief intervention to prevent fetal alcohol spectrum disorders (FASDs). Research has verified that any amount of prenatal alcohol exposure can affect fetal development, resulting in a complex spectrum of disabilities that crosses racial and socioeconomic strata. Although alcohol use is an accepted social behavior, the combined trends of increasing binge-pattern alcohol use among reproductive-age women and persistently high unintended pregnancy rates create a perfect storm for an increased risk of missed or misdiagnosed preventable disabilities.

About Marilyn Pierce-Bulger
Marilyn Pierce-Bulger, CNM, FNP-BC, MN is a family nurse practitioner and certified nurse-midwife with 40 years of experience in maternal and child health. Marilyn worked for many years at the Alaska Native Medical Center/Southcentral Foundation as a certified nurse-midwife in clinical, preceptor, and management roles and served as a regional family planning consultant in US Public Health Service Region VI (Dallas). She created Nutaqsiivik, a home visitation program, to address the post neonatal infant mortality health disparity for Anchorage urban American Indian/Alaska Native infants. She has worked as a consultant for the State of Alaska, University of Alaska, Centers for Disease Control and Prevention, and the National Institute of Child Health and Human Development Healthy Native Babies project. She founded the multidisciplinary Anchorage FASD Diagnostic Team in 2009 and is the recipient of the Alaska Nurse Practitioner of the Year Award (2015) and the ACOG William H.J. Haffner Award in recognition of outstanding service to AI/AN women and children. Most recently, she is the founder of the nonprofit Alaska Center for FASD to address the need for family support, systems change advocacy, and FASD prevention and diagnosis access across the state.
Premier and Plenary Sessions

MONDAY, MAY 21

2p-3:45p
Exhibit Hall B, 1st FL

WELCOME PREMIER SESSION, FELLOWSHIP INDUCTION & OPENING KEYNOTE ADDRESS
Letitia Sullivan, CNM, MS, FACNM, Chair, Program Committee

Welcome
- Savannah native, Huxsie Scott, one of the great jazz & blues artists of the region, will entertain attendees with her jazz vocals.
- Tonya Nicholson, CNM, WHNP, FACNM, DNP will sing the National Anthem.
- The Winn Army Community Hospital Color Guard from Ft. Stewart, GA, will perform.
- Deanna Womack, CNM, MPH will give the Invocation.

OPENING KEYNOTE ADDRESS
ES 601 Looking Back to Look Forward: Midwives of Color Fulfilling America’s Unmet Promise
Keisha L. Goode, PhD and Linda Janet Holmes, MPA

TRACK: Miscellaneous CE: 1

For more than 400 years, black and white women have counted on midwives of color to provide birthing care. Their wisdom and skills led women to recognize and respect midwives as important familial and community resources. This presentation begins with the historical contributions of black midwives in Georgia, from enslavement through Jim Crow segregation. Photographs and multimedia images will be used to examine midwifery within America’s historical, social, and political context. Recognizing that the very same macro and micro structures and experiences of racism that collectively challenged the work of black midwives and midwives of color more generally still affect midwifery today, this presentation looks to the future with recommendations for a process that appreciates the contributions of midwives of color and focuses on truth and reconciliation.
About Keisha L. Goode

Keisha Goode, PhD is currently a visiting assistant professor of sociology at the State University of New York College at Old Westbury. She also coordinates a US Department of Education-funded program entitled Research Aligned Mentorship, which is focused on improving retention and the overall student experience through research opportunities, faculty mentorship, and customized learning. She has a PhD in sociology from the City University of New York Graduate Center, a MA in women’s studies from The George Washington University, and a BA in English from the University of Maryland, College Park. Her primary research area is medical sociology with specific attention to the medicalization of childbirth and the historical and contemporary complexities of black midwifery in the United States. Other research areas include the sociology of education and an emerging interest in sociology of media. Her work is grounded in sociological and feminist theory. She is completing a book prospectus for the publication of her dissertation research, *Birthing, Blackness and The Body: Black Midwives and Experiential Continuities of Institutional Racism*. She serves as Secretary of the Board of Directors of the National Association of Certified Professional Midwives.

About Linda Janet Holmes

Linda Janet Holmes, MPA, is a writer, independent scholar, curator, and long-time women’s health activist. Her writing, including articles in health and medical journals, along with essays in feminist publications, have been pivotal in contributing to a resurgence of international recognition of the significance of African American midwifery practices. With support from the National Endowment for the Humanities, Holmes documented the legacy of a last generation of traditional, Deep South, African American midwives. She is coauthor with grand midwife Margaret Charles Smith on the groundbreaking book, *Listen to Me Good: The Life Story of An Alabama Midwife*, which is the story of a singular traditional midwife. Holmes curated the traveling Smithsonian Anacostia Museum exhibition, “Reclaiming Midwives: Stills from All My Babies,” selected images of which are now on view at the National Museum of African American History in Washington, DC. Holmes also has interviewed contemporary midwives of color for *Into the Light of Day: Reflections on the History of Midwives of Color within the American College of Nurse-Midwives*. 
MONDAY, MAY 21

4p-6p
**Grand Opening Exhibit Hall w/Welcome Reception**
*Exhibit Hall A, 1st FL*
There will be plenty of beverages and tasty treats available during our Exhibit Hall Grand Opening and Welcome Reception. Come browse the latest offerings, discover what products and services can advance your practice, and mix and mingle with the vendors who make our Annual Meeting possible.

8p-10p
**Division of Global Health Reception and Silent Auction**
*Grand Ballroom B, 2nd FL, Westin*
Learn about the world of midwifery beyond US borders; mix, mingle, and network with midwives who work abroad; and celebrate and support their work and ACNM’s global initiatives. Most importantly, bid on highly sought-after global treasures and support improving maternity care beyond US borders.

9p-11p
**Midwives of Color Sister Circle**
*Grand Ballroom C, 2nd FL, Westin*
This event for self-identified midwives of color offers an opportunity to share stories and experiences, talk about interests and issues, give and receive support, and find empowerment.
**Pharmacology for Successful Tobacco Cessation**

Dawn Lovelace, CNM, FNP-C, DNP; Linda McDaniel, DNP, APRN, CNM; Julie Daniels, CNM, DNP; Laura Baraona, CNM

**ES200 TRACK: Clinical**

Pharmacological tobacco cessation interventions improve long-term quit rates. The US Preventative Services Task Force recommends pharmacological therapy with behavioral counseling. First-line tobacco cessation medications, including nicotine replacement therapy, bupropion, and varenicline pharmacokinetics; efficacy; regimens; and safety profiles for non-pregnant, pregnant, and lactating women will be reviewed. Clinicians must conduct a needs assessment of the patient and family based on psychological, social, cultural, political and spiritual aspects when considering what pharmacologic and counseling options to offer.

**Leading Change: Lessons in Leadership from the Reducing Primary Cesareans Project**

Leslie Cragin, CNM, PhD; Lisa Kane Low, CNM, PhD, FACNM, FAAN

**ES201 TRACK: Clinical**

This presentation will showcase the overall outcomes of ACNM’s Healthy Birth Initiative: Reducing Primary Cesareans, a three-year project, and is a first look at the power of midwifery leadership in quality improvement focused on reduction of cesarean birth. Participants will learn about the results of the initiative and become familiar with the leadership skills needed to conduct interdisciplinary, quality improvement projects.

**Diving for Pearls: ACNM’s 4th Update: The Pearls of Midwifery for Reducing Primary Cesarean Deliveries**

Whitney Pinger, CNM, MSN, FACNM; Zoe Gutterman, CNM, MPHN; Jessie Blumin, CNM, WHNP; Dina Daines, CNM MSN, DNP(c)

**ES202 TRACK: Clinical**

The Pearls of Midwifery delineates the evidence supporting the Hallmarks of Midwifery and physiologic childbirth. This presentation will include a review of the evidence around each pearl and support for the pearls in professional organizations and current guidelines. Use pearls content in professional development across settings to improve maternal and neonatal outcomes, reduce unnecessary cesarean births, and promote safe physiologic birth. This update also includes gender neutral and LGBTQ-inclusive language.

**EXTENDED SESSION**

**The Value of Midwifery Presence in Health Systems: Consortium on Safe Labor Insights**

Nicole Carlson, CNM, PhD; Julia Phillippi, CNM, PhD, FACNM; Jeremy Neal, CNM, PhD; Ellen Tilden, PhD, CNM; Denise Smith, CNM, PhD; Rachel Blankstein-Breman, RN, MSN, MPH; Nancy Lowe, CNM, PhD, FACNM, FAAN

**ES203 TRACK: Miscellaneous**

This colloquium will present three analyses of Consortium for Safe Labor data. The question explored will be whether the presence of midwives in a hospital system is associated with changes in labor interventions and labor outcomes (cesarean birth, vaginal birth after cesarean, and neonatal/maternal morbidity and mortality) when compared with hospitals without midwives. We will highlight avenues for future research and provide time for networking and discussion.
9:45a - 10:45a  5th Annual March of Dimes ACNM Symposium: A Blueprint for Maternal Child Health Activism

Ginger Breedlove, CNM, PhD, FACNM

ES204 TRACK: Leadership  CE: 1

Chatham Ballroom A
2nd FL

As maternity care providers, we are responsible not only for caring for women, but also for being informed and engaged in policy that affects their health and well-being. It is past time for the United States to recognize maternal health as an equivalent area of need by understanding the rising maternal mortality rate, provider shortage, rural underserved, and health inequities surrounding maternal-child health. This session provides a blueprint for taking the opportunity to enhance awareness of key federal and state bills that influence the ability to care for women and newborns in our country. Tools will be provided that enhance one’s ability to tell the story, find relevant and meaningful data specific to the story, and strategize to effectively disseminate key messages to policymakers as well as consumers.

9:45a - 10:45a  Microbiota and Reproductive Health: Sponsored by Lupin

Caroline Mitchell, MD, MPH

ES205 TRACK: Clinical  CE: 1  RX: 15 Min.

Chatham Ballroom B
2nd FL

The bacteria that colonize the female reproductive tract have a profound effect on fertility, pregnancy outcomes, and reproductive health. Treatments for disrupted bacterial communities or to promote beneficial microbial communities have varying efficacy. This presentation will discuss the future of microbial interventions to improve reproductive health. Sponsored by Lupin.

11a - 12p  Quality Improvement to Promote High-Quality Maternity Care and Physiologic Birth

Megan Danielson, CNM, MSN; Umaimah Mahmud-Thiam, CM; Janelle Komorowski, DNP, CNM

ES206 TRACK: Miscellaneous  CE: 1

200, 2nd FL

This session will discuss quality improvement initiatives at the national and state levels, ways to utilize these initiatives, and the PDSA quality improvement cycle to promote physiologic birth and high-quality maternity care at the local level. ACNM’s BirthTOOLS.org (Tools to Optimize the Outcomes of Labor Safely) houses evidence-based research, policies, exemplar programs, and audit tools. By highlighting optimal usage of the site and the quality improvement resources available, participants will walk away with tools to transform individual and organizational practice. Case studies will be used to highlight the site’s ability to support those seeking to make change.
**Education Sessions • Monday, May 21**

**11a - 12p**  
**AABC Strong Start: Freestanding Birth Centers Serving Vulnerable Populations**  
Jill Alliman, CNM, DNP, FACNM; Susan Stapleton, CNM, DNP, FACNM  
ES207 TRACK: Racism and Health Disparities  
CE: 1  
203, 2nd FL  
AABC Strong Start is a four-year project to determine whether birth center midwifery care could improve outcome disparities for Medicaid beneficiaries. Clinical and participant data demonstrate dramatic outcomes for a vulnerable population of women and newborns receiving care in birth centers. In this study, a more diverse population received birth center care than in the National Birth Center Study (Stapleton et al., 2013), but outcomes were similar. Women and infants with more risk factors related to preterm birth experienced better health, higher rates of satisfaction, and greater cost savings than those in other models of care.

**11a - 1p**  
**Beyond Transgender 101: Moving from Provider Shock toward Provider Competence**  
Clare Sherley, CNM, DNP; Simon Ellis, CNM, MSN  
ES208 TRACK: Clinical  
CE: 2  
RX: 60 Min.  
Chatham Ballroom A  
2nd FL  
Are you asking the following questions: Am I qualified to manage gender-affirming hormones? How will my pregnant transgender/gender non-conforming (TGNC) patients differ from my other patients? What tools will I need to ensure they get respectful and appropriate care? Are there specific mental health concerns I should be addressing? Is testosterone contraception? This presentation answers these questions to create a more competent CNM/CM workforce by giving them the tools they need to provide better reproductive health care to TGNC patients.

**11a - 12p**  
**Please Don’t Fire My Patient: How to Support Your Pregnant Patients’ Ability to Earn an Income and Stay Healthy on the Job**  
Liz Morris, JD  
ES209 TRACK: Midwifery Matters-Business  
CE: 1  
Chatham Ballroom B  
2nd FL  
This session will provide an overview of the laws concerning pregnancy accommodation, leave, and breastfeeding at work and how to talk to your pregnant patients about workplace issues. Learn how to write effective work notes and access free online tools developed by a team of lawyers and prenatal care providers to craft work notes that protect patients and their jobs. Most working pregnant women requires some form of reasonable accommodation to continue working during pregnancy. Low-income women and women of color are more likely to need accommodations at work and to face discrimination during pregnancy.

**11a - 12p**  
**Teaching Students to Care about Cultural Humility and Social Justice: What Does It Take?**  
Maria Valentin-Welch, CNM, DNP, MPH, FACNM; Victoria Baker, PhD, CNM, CPH, MPH; Essence Williams, SNM, BSN, CBE, CCE  
ES210 TRACK: Racism and Health Disparities  
CE: 1  
Chatham Ballroom C  
2nd FL  
In this presentation, we will review what we know from scholarship about teaching more intangible competencies, such as cultural humility and social justice, when it comes to bringing our profession forward in terms of racism and diversity. Our profession has made a commitment to these competencies in our professional code of ethics and the Hallmarks of Midwifery. Although educators know this, it’s easier to teach clinical skills than the intangibles. We will also share our experiences applying cultural humility and social justice to the profession of midwifery.
12:15p - 1:15p  **Zika Virus in the Americas: Where Are We Now and Where Are We Headed?**

Lisa Noguchi, CNM, PhD

**ES211 TRACK: Clinical**  
**CE: 1**

Chatham  
Ballroom B  
2nd FL

What do midwives need to know about the current status of the Zika virus outbreak in the Americas? What are the latest Zika-related recommendations for clinical practice and how should we integrate them into midwifery services? What have experts projected regarding the possibility of future outbreaks of Zika virus infection? This session will address these questions and provide an update of the popular presentation from the 2017 ACNM Annual Meeting.

12:15p - 1:15p  **Benchmarking 101—Just Do It!**

Karen Perdion, CNM, MSN; Molly MacMorris-Adix, CNM, DNP; Celina Cunanan, CNM, MSN

**ES212 TRACK: Midwifery Matters-Business**  
**CE: 1**

200, 2nd FL

The ACNM Benchmarking Project is an important tool to describe midwifery practice outcomes and drive quality improvement. This presentation will review the basics of benchmarking, including collecting and submitting data, as well as how to interpret and apply practice reports. Overcoming barriers to participation will be discussed, and preliminary data from 2017 will be shared. After attending this session, there will be nothing stopping any participant from *just doing it!*

12:15p - 1:15p  **Are Autism, Preeclampsia, and Alzheimer’s Disease Stops on the Same Trajectory?**

Maria Valentin-Welch, CNM, DNP, MPH, FACN; Victoria Baker, PhD, CNM, CPH, MPH; Essence Williams, SNM, BSN, CBE, CCE; Kristen Montgomery, PhD, CNM

**ES213 TRACK: Clinical**  
**CE: 1**

203, 2nd FL

This presentation will review current research on the links between autism, preeclampsia, and the development of Alzheimer’s disease. Preliminary research has shown linkages through elevated maternal blood pressure during pregnancy, which may contribute to autism in the offspring of pre-eclamptic pregnant women and Alzheimer’s disease in women with a history of preeclampsia. Genetic and environmental factors also contribute and will be discussed within the context of recent research.

12:15p - 1:15p  **Applying the Triple Risk Model to Stillbirth: Implications for Clinical Practice**

Deena Mallareddy, CNM, MS; Suzanne Pullen, PhD

**ES214 TRACK: Clinical**  
**CE: 1**

Chatham  
Ballroom C  
2nd FL

The Triple Risk Model has been used to explain the underlying etiology of sudden unexplained infant death. This session presents research that extends the Triple Risk Model to stillbirth and intrauterine fetal death. Recommendations for increasing maternal observation and improving clinic diagnosis will be presented.
**Education Sessions • Monday, May 21**

**12:15p - 1:15p** Chronic Kidney Disease Disparities Among African American Women: Management of CKD and Reflection of a Lived Experience

Sharona Johnson, PhD, FNP-BC; Heather Clarke LM, CNM, APRN, DNP, FACNM

**ES215** TRACK: Clinical  CE: 1  RX: 10 Min.

Oglethorpe Auditorium

Chronic Kidney Disease (CKD) disproportionately affects African Americans, but little focus has been placed on CKD management for this population. Medication management, along with knowledge of beliefs, cultural values, and practices specific to African American women, is central to competent CKD care. Health professionals’ understanding of the impact of stress, racism, transgenerational, and epigenetic factors related to health and disease in African American women with CKD can contribute to the improved care for kidney disease. This should result in reducing race-related disparities of CKD.

**5:30p - 6:30p** Refugee Women’s Health Care: A Topic for All Midwives

Courtney Steer-Massaro, CNM, FNP-C, MPH

**ES216** TRACK: Clinical  CE: 1

200, 2nd FL

The mass migrations of recent years have resulted in a dramatic rise in asylum seekers and refugees. A large number of such women has arrived in the United States in need of high quality women’s health care. These women have unique needs, not only from an obstetric and gynecological viewpoint, but also from an overall health outlook. It is imperative for midwives to understand how to provide asylum seekers and refugees with the highest level of holistic, trauma-informed care, while also ensuring that their care is tailored to their health needs.

**5:30p - 6:30p** How to Make Precepting Work for You—Innovative Models for Educating Students

Cara Busenhart, CNM, PhD; Melissa Stec, CNM, DNP, APRN, FACNM, FAAN

**ES217** TRACK: Education  CE: 1

Chatham Ballroom C

Every midwife and every clinical setting have opportunities to offer midwifery students. Yet, many midwives are afraid their specific practice characteristics will prevent them from taking midwifery students into their settings. We are here to help midwives think of innovative ways that precepting can work for any practice site and any provider. Case scenarios and exemplars will be provided for a variety of practice types: solo midwife practice, out-of-hospital birth, large multi-provider practices, and academic medical centers. Opportunities for sharing success strategies among participants will be offered.

**5:30p - 6:30p** Nuts and Bolts of Legislation: Updates and Action

Katharine Green, PhD(c), CNM; Amy Kohl; Emily Hayes, DNP, CNM, WHNP

**ES218** TRACK: Midwifery Matters—Public Perception  CE: 1

Chatham Ballroom B

This session will help give midwives up-to-date information and effective techniques to bring about policy change at the local, state, and federal levels. The presentation will review and discuss legislative successes and challenges since the 2017 ACNM Annual Meeting and will look at upcoming legislation of importance to ACNM members. Nuts and bolts practical advice will be included about ways midwives can influence health policy.
Education Sessions  •  Monday, May 21

5:30p - 6:30p  
**Amniotic Fluid Lactate Monitoring: A Novel Approach to Labor Dystocia Diagnosis and Management**
Katherine Kissler, CNM, MSN, PhD(c)

ES219  TRACK: Clinical  
Chatham Ballroom A 
2nd FL  

Labor dystocia leads to approximately half of cesareans performed during labor in the United States, yet diagnosis and treatment of labor dystocia rarely differentiate between underlying causes. Amniotic fluid lactate (AFL), measured non-invasively with a handheld point-of-care lactate monitor, has been found to be a strong predictor for labor dystocia and cesarean by indicating uterine fatigue that fails to respond to oxytocin augmentation. This education session synthesizes the recent research on the relationship between AFL and labor dystocia. It will also cover applications for clinical practice and research that may increase precision in care for women with labor dystocia to promote vaginal birth.

5:30p - 6:30p  
**A Meta-Analysis of the Neonatal Outcomes of Water Birth**
Priscilla Hall, PhD, CNM; Jennifer Vanderlaan, PhD, CNM, MPH

ES220  TRACK: Clinical  
203, 2nd FL  

Water birth is a valuable strategy for pain management and comfort in labor. Previous reviews have included randomized controlled trials; however, multiple non-randomized controlled studies, clinical audits, and observational studies have yet to be synthesized. For this study, we conducted a systematic review and meta-analysis of neonatal outcomes of water birth, including both randomized control trials as well as observational studies. We identified no evidence that water birth increases the odds of poor neonatal outcomes. We will discuss clinical and research implications of these findings.

5:30p - 6:30p  
**Marijuana in Pregnancy: Sorting through Hazy Evidence**
Tori Metz, MD, MS

ES221  TRACK: Clinical  
Oglethorpe Auditorium 
1st FL  

This session will bring to the forefront marijuana legalization expanding across the United States. Data regarding the effects of marijuana on mothers and neonates are conflicting. However, there are concerns for risk of harm, especially related to fetal growth and neurological development. Marijuana use may also be associated with preterm birth, stillbirth, and neonatal intensive care unit admission. Further research is needed to better delineate the risks of perinatal marijuana use, so women can make informed decisions. In the meantime, practitioners can use existing resources to counsel women about the potential harms and encourage them to abstain from use during pregnancy and lactation.
## Schedule by Day ▶ Tuesday, May 22

Unless otherwise noted, all activities take place at the Savannah International Trade & Convention Center.

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<tr>
<th>TIME</th>
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<tr>
<td>6a-7a</td>
<td>Yoga</td>
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<td>7a-5:30p</td>
<td>Local Committee Hospitality Booth</td>
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<td>Registration</td>
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<td>7:30a-8:30a</td>
<td>Breakfast Symposium, sponsored by OHNEP (Oral Health Nursing Education and Practice)</td>
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<td>Breakfast Symposium, sponsored by Monistat</td>
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<td>8a-6p</td>
<td>ACNM Store</td>
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<td>8:45a-10:45a</td>
<td>Opening Business Meeting</td>
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<tr>
<td>11a-12p</td>
<td>PLENARY SESSION: ES 602 Designing Systems to Improve Care for Every Mother, Everywhere</td>
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<td>11:30a-4p</td>
<td>Member Resource Center</td>
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<td>12p-4p</td>
<td>Exhibit Hall and Midwifery Market w/lunch from 12p-2p</td>
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<td>Wellness Space</td>
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<td>12p-6p</td>
<td>&quot;Come Sit Awhile&quot; (moderated unity conversation)</td>
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<td>12:15p-1:15p</td>
<td>Product Theater, sponsored by Lupin</td>
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<td>12:30p-6:30p</td>
<td>Speaker Ready Room</td>
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<td>1:30p-2:30p</td>
<td>ES 300 Reducing Recurrent Preterm Birth: Predictive and Preventative Strategies for Midwifery</td>
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<td>ES 301 Bugs Not Drugs: Selecting Probiotic Bacteria to Best Meet Client Needs</td>
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## Schedule by Day ✴ Tuesday, May 22

### TIME ACTIVITIES

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<tr>
<th>Time</th>
<th>Activities</th>
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| 1:30p-2:30p | **Division of Research Forum II**  
**ES 302** Division of Research Forum II  
Chatham Ballroom C, 2nd FL  
**ES 303** Maternal Health Crisis: Maternal Mortality in the US (panel discussion)  
Chatham Ballroom A, 2nd FL  
**ES 304** Rise Up – What are You Going to Do about HIV Now?  
203, 2nd FL  
**ES 305** Case Study Presentations with Expert Panel Discussion: Difficult and Unique Topics  
Oglethorpe Auditorium, 1st FL |
| 1:30p-3p   | **Poster Session**  
100, Foyer, 1st FL |
| 2:30p-3:30p | **Product Theater, sponsored by Klaire Labs**  
Exhibit Hall B, 1st FL |
| 3:30p-6:30p | **Artisan Market**  
Georgia International Gallery, 2nd FL |
| 3:45p-4:45p | **ES 306 Reduction of Peripartum Racial/Ethnic Disparities Safety Bundle**  
Chatham Ballroom C, 2nd FL  
**ES 307** The 2018 Fellows Talk: Midwives in Politics – Leaders Making Change  
Oglethorpe Auditorium, 1st FL  
**ES 308** Effects of Toxic Stress on Early Brain Development: Epigenetics, Neurobiological Mechanisms of Action and the Midwifery Role in Prevention of Long-Term Adverse Health Outcomes  
Chatham Ballroom B, 2nd FL |
| 5p-6p      | **ES 312 Collaboration Across the Continuum: Safe and Collegial Transfer of Women from Community Setting to Hospital**  
200, 2nd FL  
**ES 313** Beyond Teaching: The Important Role of PhD-Prepared Midwives in Women's Health Research and Practice  
Chatham Ballroom A, 2nd FL  
**ES 314** Fulfilling the Commitments of ACNM: Changing the Face of Midwifery  
Chatham Ballroom B, 2nd FL |
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<th>TIME</th>
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<tbody>
<tr>
<td>5p-6p</td>
<td>ES 315 Have You Implemented Early Warning Systems in Your Practice? A Call to Action for Midwives Chatham Ballroom C, 2nd FL</td>
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<td>ES 316 Teaching &quot;with Women&quot; where Needed: Variations and Challenges across Five African Countries 203, 2nd FL</td>
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<td>ES 317 Creating Health in Any Zip Code: Defeating Geographical Health Disparities Oglethorpe Auditorium, 1st FL</td>
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<td>6:15p-7:15p</td>
<td>ES 318 Conflicts of Conscience: The Midwife's Professional Role and Personal Responsibility Chatham Ballroom A, 2nd FL</td>
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<td>ES 319 Results from the National Midwifery Burnout Survey Oglethorpe Auditorium, 1st FL</td>
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<td>ES 320 The Birthing Community's Role in Reducing Racial Disparities in Maternal Health 203, 2nd FL</td>
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<td>ES 321 Developing a Technology-Enhanced Peripheral Brain for 21st Century Practice Chatham Ballroom C, 2nd FL</td>
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<td>ES 322 To Screen or Not to Screen: Counseling Your Patients about Prenatal Genetic Screening Using the Shared Decision-Making Model Chatham Ballroom B, 2nd FL</td>
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<td>6:30p-7:45p</td>
<td>ES 323 Sex Positivity in Clinical Practice Part 2: Case Studies and Scripting for Common Scenarios 200, 2nd FL</td>
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<tr>
<td>8p-10p</td>
<td>The President’s Reception (ACNM and The A.C.N.M. Foundation, Inc.) Invite Only Harbor Lawn, 1st FL, Westin</td>
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<td>The A.C.N.M. Foundation Fundraiser Ticketed Event Grand Ballroom A, 2nd FL, Westin</td>
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TUESDAY, MAY 22

11a–12p
Exhibit Hall B, 1st FL

PLENARY SESSION
ES602 Designing Systems to Improve Care for Every Mother, Everywhere
Neel Shah, MD, MPP, FACOG

TRACK: Clinical  CE: 1

All Americans should be able to start or grow their families with dignity. This requires systems that deliver care that is supportive, safe, and affordable. Currently, in nearly every social segment and geographic corridor of our country, from the Upper East Side of Manhattan to rural Oklahoma, our systems fail to deliver on these goals reliably. The result is a largely invisible epidemic of avoidable suffering among birthing families. This talk will discuss how we can create better role clarity among those of us best positioned to help and then redesign our systems of care to ensure every birthing family gets the care they deserve.

About Neel Shah
Neel Shah, MD, MPP, FACOG, is an assistant professor of obstetrics, gynecology, and reproductive biology at Harvard Medical School and is Director of the Delivery Decisions Initiative at Harvard’s Ariadne Labs. As an obstetrician-gynecologist at Beth Israel Deaconess Medical Center in Boston, Dr. Shah cares for patients at critical life moments that range from childbirth to primary care to surgery. As a scientist and social entrepreneur, he is a globally recognized expert in designing, testing, and spreading solutions that improve health care. Dr. Shah is listed among the “40 smartest people in health care” by the Becker’s Hospital Review, and has been profiled by New York Times, CNN, and other outlets. He is senior author of the book Understanding Value-Based Healthcare. Before joining the Harvard faculty, Dr. Shah founded Costs of Care, a global NGO that curates insights from clinicians to help delivery systems provide better care. In 2017, Dr. Shah co-founded the March for Moms Association, a coalition of 20 leading organizations including ACNM, to increase public and private investment in the well-being of mothers.
**TUESDAY, MAY 22**

**7:30a-8:30a**

**Breakfast Symposium, Sponsored by Monistat**  
Chatham Ballroom A, 2nd FL

This program will provide the latest evidence-based safety and efficacy data on treating specific patients with vulvovaginal candidiasis (VVC), including the pregnant patient, diabetic and immunocompromised patients, and patients on drugs metabolized by the liver. The symposium will also identify new payer recommendations for treating VVC.

**7:30a-8:30a**

**Breakfast Symposium, Sponsored by Oral Health Nursing Education and Practice (OHNEP)**  
Chatham Ballroom B, 2nd FL

Oral health is key to overall health and well-being of pregnant women and their infants. This session will emphasize the exciting interprofessional role of midwives in promoting oral health during pregnancy and preventing early childhood caries in their newborns. During this interactive workshop, clinical competencies related to oral health assessment, oral health promotion interventions, and collaborative partnerships with interprofessional community colleagues and resources will be developed. Strategies for integrating oral health competencies in midwifery program curricula, including Smiles for Life, will be presented.

**12:15p-1:15p**

**Product Theater, Sponsored by Lupin**  
Innovations in the Treatment of BV: A Complete Course of Therapy in a Single Dose  
Exhibit Hall B, 1st FL

Explore the scope, impact, and unmet needs related to the management of bacterial vaginosis (BV). Dr. Susan Kellogg Spadt, PhD, CRNP, IF, FCST, will examine current theories of BV pathogenesis, diagnostic criteria and methods, and current and soon-to-be-available US treatments. Dr. Kellogg and this session’s content are sponsored by Lupin Pharmaceuticals, Inc.
TUESDAY, MAY 22

2:30p-3:30p

**Product Theater, sponsored by Klaire Labs**

*Exhibit Hall B, 1st FL*

The health benefits of extended breastfeeding are well understood, but up to one third of nursing mothers experience discomfort sufficient to interrupt the process. Conventional approaches are often less than effective and may have unintended, systemic consequences. This presentation by Jeremy Appleton, ND will review the probiotic mechanisms of action and clinical evidence behind the use of a specific probiotic strain for the prevention and resolution of mammary discomfort associated with breastfeeding. Moreover, infant immune support associated with the identified strain will be discussed.

8p-10p

**The A.C.N.M. Foundation Fundraiser**

*Ticketed Event*

*Grand Ballroom A, 2nd FL, Westin*

The Foundation will top off its week in celebration of the Soul of Midwifery with a dance-party fundraiser featuring the music of George Lovett and his band. Lovett is an accomplished performer with the distinction of being among the Top 20 contestants of American Idol Season 13 and a three-time winner of Showtime at the Apollo. A native of Baltimore, Lovett is currently a performing arts student at the Savannah College of Art and Design. Stay for the evening or simply stop by to show your support. There will be light refreshments and a cash bar, as well as a live-auction item or two and plenty of other surprises. We urge all ACNM meeting participants to attend this exciting event in support of the Foundation!

Tickets (tax-deductible donation): $60 Students: $30

*To sponsor a student’s attendance at the Fundraiser, make the $30 donation and pick up the ticket at the Annual Meeting Registration Desk, or visit the Foundation’s Booth #211!*
Education Sessions • Tuesday, May 22

1:30p - 2:30p Reducing Recurrent Preterm Birth: Predictive and Preventative Strategies for Midwifery
Rebecca Cypher, MSN, PNNP

ES300 TRACK: Clinical CE: 1 RX: 60 Min.
200, 2nd FL
Preterm birth is a leading cause of perinatal and neonatal morbidity and mortality. This session will highlight predictive and preventative strategies in managing high-risk populations. Priorities have shifted, focusing on prevention, especially in women with prior preterm histories, while significant clinical advances have been made with early recognition based on risk factors and interventions, such as progesterone, ultrasound, pessaries, and cerclage. Midwives play an important role as first-line clinicians who can identify and refer these at-risk women.

1:30p - 2:30p Bugs Not Drugs: Selecting Probiotic Bacteria to Best Meet Client Needs
Lisa Hanson, PhD, CNM, FACNM

ES301 TRACK: Clinical CE: 1 RX: 60 Min.
Chatham Ballroom B 2nd FL
The wide variety of over-the-counter probiotic products available to clients can be overwhelming. This presentation will focus on defining probiotics, including mechanisms of action. Information provided will also include probiotic bacterial genera, species, strains, dosages, routes, as well as the implications of administration (eg, tablet versus freeze-dried capsule), storage, and expiration dates on efficacy. The available research on single and multi-strain probiotic supplements and products will be examined. The scientific evidence for probiotic prescriptions for at least three conditions pertinent to midwifery practice will be provided.

1:30p - 2:30p Division of Research Forum II
Carrie Klima, CNM, PhD, FACNM (moderator)

ES302 TRACK: Miscellaneous CE: 1
Chatham Ballroom C 2nd FL
Barbara Hackley, PhD, CNM
The Relationship between Stressful Life Events, Protective Factors, and Depression in Mothers Caring for Young Children in the South Bronx
Jeremy Neal, CNM, PhD
Retrospective Use of a Physiologic Partograph Protocol to Identify Opportunities for Safely Decreasing Cesareans among Nulliparous Women with Spontaneous Labor Onset
Debra Erickson-Owens, CNM, PhD
The Effects of Placental Transfusion on 12-Month Brain Myelin Content in Term Infants: A Randomized Controlled Trial
1:30p - 2:30p  **Maternal Health Crisis: Maternal Mortality in the US**  
Katrina Nardini, CNM, MSN, WHNP-BC (moderator)  

**ES303** TRACK: Miscellaneous  
**Chatham Ballroom A**  
2nd FL  
Lisa Hollier, MD; Christina Tice, CNM, RN, MSN; Torri Metz MD; Julie Zaharatos, MPH  
According to the CDC, more than half of maternal deaths in the United States are preventable. We need to ask ourselves: Who are these women? Beyond the women who lose their lives, many thousands more are gravely harmed by pregnancy or childbirth. For instance, while there are about 700 maternal deaths annually in the United States, there are 50,000 instances of near-miss maternal morbidity cases during pregnancy or severe injuries to mothers around the time of childbirth, according to the CDC. This panel session will address state-level efforts to review and prevent maternal mortality and morbidity.

1:30p - 2:30p  **Rise Up—What Are You Going to do about HIV Now?**  
Gwendolyn Bampfield, MSW, JD  

**ES304** TRACK: Clinical  
203, 2nd FL  
Deadly disease to manageable, chronic condition—HIV infections are still a challenge in many African American, Hispanic, and Native American communities, especially among child-bearing people ages 20-39 years, who now account for 60% of all new HIV diagnoses. Stigma and discrimination remain major barriers to accessing HIV testing, care, and treatment. The HIV community experiences institutional, cultural/societal, and individual sets of practices and beliefs that assign different values to people according to their race, gender, and socio-economic class. Midwives and other health care providers can and should rise up to enhance the effectiveness of health programming and social support.

1:30p - 2:30p  **Case Study Presentations with Expert Panel Discussion: Difficult and Unique Topics**  
Andrew Youmans, CNM, CPEN, FAWM (moderator)  

**ES305** TRACK: Clinical  
Oglethorpe Auditorium  
1st FL  
Barbara Anderson, CNM, DrPH, FACNM, FAAN; Ginger Breedlove, CNM, PhD, FACNM; Mandesa Smith, CNM, DNP; Neel Shaw, MD, MPP, FACOG  
Each member of the panel will address a specific case study, including management, outcomes, and a take-away point. This will be an interactive and rapid-fire session providing a lot of information in a short time. Members of the audience will be able to interact with questions. Panelists will have a total of five minutes to respond with comments, feedback, and clarification.
Education Sessions ♦ Tuesday, May 22

3:45p - 4:45p  Reduction of Peripartum Racial/Ethnic Disparities Safety Bundle
Jessica Brumley, CNM, PhD

ES306 TRACK: Racism and Health Disparities  CE: 1
Chatham Ballroom C

2nd FL

Significant racial and ethnic disparities exist in maternity care and maternal morbidity/mortality outcomes. Research suggests that systems level factors are frequent contributors and that safety protocols may improve outcomes. The Reduction of Peripartum Racial and Ethnic Disparities Safety Bundle is a tool to address disparities under a patient-safety umbrella.

3:45p - 4:45p  The 2018 Fellows Talk: Midwives in Politics—Leaders Making Change
Heather Bradford, CNM, ARNP, FACNM; Kate Harrod, CNM, PhD, FACNM (co-moderators); Cheri Van Hoover, CNM, MS; Debbie Jessup, CNM, PhD, FACNM

ES307 TRACK: Leadership  CE: 1
Oglethorpe Auditorium

1st FL

With the goal of growing more politically-active midwives, two leaders in politics and political action will share their career experiences, political motivations, and aspirations for change. Debbie Jessup has more than 30 years of experience in midwifery, women’s health, and health policy, and serves as a health policy advisor for US Congresswoman Lucille Roybal-Allard. Cheri Van Hoovers ran in 2017 for hospital district commissioner in Washington State and is a leader in teaching online health policy.

3:45p - 4:45p  Effects of Toxic Stress on Early Brain Development: Epigenetics, Neurobiological Mechanisms of Action, and the Midwifery Role in Prevention of Long-Term Adverse Health Outcomes
Terri Clark, PhD, CNM, ARNP, RN, FACNM

ES308 TRACK: Clinical  CE: 1
Chatham Ballroom B

2nd FL

Antenatal maternal stress negatively affects fetal neurophysiology and significantly increases the risk of adverse long-term health outcomes in the young child and even the adolescent. The neurobiology of adversity and toxic stress will be reviewed in depth, as well as the physiologic mechanisms of cellular level epigenetic changes. The serious effects of telomere shortening and fetal brain structural remodeling due to maternal stress will be also be described. It will be argued that adverse childhood events in the history of the pregnant woman are to be recognized as signals of significant risk to both maternal and fetal future health. A specific guide for midwifery action and intervention for the pregnant woman at risk will be discussed.

3:45p - 4:45p  Back, Boxes, Beside Mom: Infant Sleeping Conundrums
Michelle Collins, PhD, CNM, FACNM, FAAN

ES309 TRACK: Clinical  CE: 1
200, 2nd FL

This critical look at the Back to Sleep campaign helps to empower and instruct parents about ways to ensure their infants sleep safely. Midwives have the unique opportunity and responsibility to educate new parents on safe infant sleep. Taking a close look at the literature underlying the issues of back, box, or next to mom is imperative to be able to provide clients with the most objective, evidence-based advice. Whether attendees feel strongly one way or the other, this session will provide information that will definitely leave them questioning the status quo.
3:45p - 4:45p  Division of Global Health Research Forum

ES310 TRACK: Global Midwifery  CE: 1
Melissa Avery, PhD, CNM, FACNM, FAAN; Madeira Anjali, MPH, RN, MN
[203, 2nd FL]
Perspectives from Providers and Mothers on the Benefits of and Barriers to Respectful Maternity Care in a Refugee Camp Setting in Thailand
Michelle Dynes, CNM, MSN, MPH, PHD
Client and Provider Factors Associated with Integration of Family Planning Services among Maternal and Reproductive Health Clients in Kigoma Region, Tanzania: Cross-sectional study, April–July 2016
Michelle Dynes, CNM, MSN, MPH, PHD
Patient and Provider Determinants for Receipt of Three Dimensions of Respectful Maternity Care in Kigoma Region, Tanzania, April–July, 2016

3:45p - 4:45p  CMV: The Most Common Congenital Infection Affecting Newborns that 91% of Women Don’t Know About

ES311 TRACK: Clinical  CE: 1
Kristen Spytek, MA
[Chatham Ballroom A, 2nd FL]
This session is designed to be an overview of congenital cytomegalovirus (CMV). In the United States, CMV infection is one of the most common causes of birth defects and developmental delays in infants. Each year, nearly 26,000 US children are born with congenital CMV for a total birth prevalence of 0.64%. Given that CMV awareness is low and that there are significant consequences of CMV infection in infants, information about transmission, prevention, prevalence, treatment, interventions, and messaging will be discussed.

5p - 6p  Collaboration Across the Continuum: Safe and Collegial Transfer of Women from Community Setting to Hospital

ES312 TRACK: Midwifery Matters–Public Perception  CE: 1
Amanda Huber, APRN, CNM, IBCLC; Aly Folin, CPM, LM; Jennifer Tessmer-Tuck, MD
[200, 2nd FL]
This session will provide comprehensive and concrete tools to implement practices to standardize and improve transfers of care. Birth in the home or birth center is a growing practice. Midwives and obstetric colleagues in the hospital setting are often under-prepared or overwhelmed when a hospital transfer from the community setting occurs. Examples from the Twin Cities (Minneapolis-St. Paul) metro area will demonstrate how to build interprofessional relationships, implement a transfer-of-care protocol, and use risk stratification of patients to identify the most appropriate care provider.
Education Sessions ♦ Tuesday, May 22

5p - 6p    Beyond Teaching: The Important Role of PhD-Prepared Midwives in Women’s Health Research and Practice
            Mary Paterno, CNM, PhD; Jeanne Murphy, CNM, PhD
            ES313 TRACK: Leadership  CE: 1
            Chatham Ballroom A  2nd FL

Midwives should be at the forefront of research; therefore, there is a need for more PhD-prepared midwives. Midwives who desire research-focused doctoral preparation have many options when selecting educational programs. This session will focus on the importance of PhD education for midwives, scope of PhD training and historical context, and considerations for selecting a research mentor. Steps to completing a PhD at different points in a midwifery career and funding prospects will be presented. An array of job opportunities for PhD-prepared midwives that go beyond traditional academic settings will be highlighted.

5p - 6p    Fulfilling the Commitments of ACNM: Changing the Face of Midwifery
            Joelle Leacock, CNM, MSN; Katherine Rushforth, CNM; Susan Hernandez, CNM
            ES314 TRACK: Racism and Health Disparities  CE: 1
            Chatham Ballroom B  2nd FL

This session will discuss methods to improve representation and inclusion in the midwifery workforce. It is known that lack of diversity in health care professions, including midwifery, contribute to health disparities. It is our duty as an organization to improve outcomes by recruiting and developing midwives who reflect the diversity of the women and families we serve. The strategic plan developed by the Massachusetts ACNM Affiliate focuses on mentoring, community relationships, and public education. This plan can be implemented by state affiliates to establish programs and resources that fulfill the core commitment of diversification and inclusion.

5p - 6p    Have You Implemented Early Warning Systems in Your Practice? A Call to Action for Midwives
            Rebecca Cypher, MSN, PNNP
            ES315 TRACK: Clinical  CE: 1
            Chatham Ballroom C  2nd FL

Lack of knowledge, delayed recognition and treatment, and inadequate management continue to be obstacles in preventing adverse events. This presentation will briefly discuss the current state of maternal mortality and describe how use of early warning systems in midwifery can support and guide initiatives to improve maternal outcomes. Widespread efforts to reduce maternal mortality remain a priority. Utilization of early warning systems is one option to respond to clinical events that may result in maternal morbidity or mortality.

5p - 6p    Teaching “with Women” where Needed: Variations and Challenges across Five African Countries
            Wreatha Carner, CNM, MN, DNP; Nicole Geller, RN, MS, CNM, PhD; Deborah Goldman, CNM, MPH; Olivia Kroening-Roche, CNM; Julia Rasch, CNM; Linda Robinson, CNM; Tess Weidner, CNM
            ES316 TRACK: Global Midwifery  CE: 1
            203, 2nd FL

This panel will outline the way it is to live and work in midwifery education in the Sub-Saharan Africa environment. Narratives of challenges faced by teaching midwifery in resource-limited settings form this presentation. Experiences will be shared to examine the influences of pedagogy, practice, culture, and policy on already strained systems in Sub-Saharan Africa.
Education Sessions  •  Tuesday, May 22

5p - 6p  Creating Health in Any Zip Code: Defeating Geographical Health Disparities

Janelle Komorowski, DNP, CNM

ES317 TRACK: Racism and Health Disparities  CE: 1

Oglethorpe Auditorium 1st FL

Where your patient lives may have a greater effect on her health than genetics. In the United States today, life expectancy in some neighborhoods is less than that in many underresourced countries, while life expectancy in a neighborhood a short distance away may be extended by as much as 25 years. Chronic disease—one of the most pervasive health problems of our day—disproportionately affects people in underresourced areas. These problems are not insurmountable. This presentation demonstrates how the midwife can be a catalyst for creating health in any zip code.

6:15p - 7:15p  Conflicts of Conscience: The Midwife’s Professional Role and Personal Responsibility

Amy Levi, CNM, WHNP-BC, PhD; Mary Ellen Bouchard, CNM, MS

ES318 TRACK: Miscellaneous  CE: 1

Chatham Ballroom A 2nd FL

This session will explore areas of potential conflicts of conscience, present ways in which we can be guided by our professional responsibilities, and describe tools for managing such conflicts. What do we do when our personal beliefs conflict with those of our patients, our colleagues, or our professional organization? What does it mean when we are expected to care for others who make choices that we find objectionable? Participants will be guided through a series of role plays to explore best practices for communication and managing moral distress.

6:15p - 7:15p  Results from the National Midwifery Burnout Survey

E. Brie Thumm, CNM, MSN, PhD(c)

ES319 TRACK: Midwifery Matters-Business  CE: 1

Oglethorpe Auditorium 1st FL

What is the rate of burnout in the midwifery workforce? At the ACNM Annual Meeting in 2014, past President Ginger Breedlove called for a national midwifery burnout survey. Individuals with burnout experience poor physical and mental health, including sleep disturbance, headaches, and depression. Workforce outcomes correlated with burnout include absenteeism, lower job satisfaction, and intention to leave. Finally, burnout is predictive of poor patient outcomes including infection and mortality. The findings of this study translate into concrete strategies to prevent midwifery burnout, including creating practice environments in which midwives are listened to and valued.

6:15p - 7:15p  The Birthing Community’s Role in Reducing Racial Disparities in Maternal Health

Maddy Oden, CLD; Ameenah R. Jackson, RN, BSN, CBBE, CD, CLC

ES320 TRACK: Racism and Health Disparities  CE: 1

203, 2nd FL

Doulas, midwives, childbirth educators, and others in the birthing community have the power to reduce preventable maternal deaths by educating women on safe practices and empowering them to demand fully informed consent during childbirth. This session includes a short documentary about a drug commonly used for labor induction. This session will also discuss the recent Congressional Briefing on Capitol Hill, Protecting America’s Mothers: Lessons from France, the UK, and the US, and a look at causes and what we can do to help protect women during childbirth.
Education Sessions ✦ Tuesday, May 22

6:15p - 7:15p  Developing a Technology-Enhanced Peripheral Brain for 21st Century Practice

Missi Stec, CNM, DNP, APRN, FACNM; Megan Arbour, CNM, PhD, FACNM

ES321  TRACK: Midwifery Matters-Business  CE: 1

Chatham Ballroom C  2nd FL

This session is designed to give midwives tools for practice based on the idea of the peripheral brain. In the fast-paced health care environment, technology allows practitioners to be efficient and effective providers within their patient encounters while working toward the quad aim of improving outcomes, improving provider satisfaction, decreasing health care costs, and improving patient satisfaction. Many midwives have a collection of resources that assist in pinpointing practice guidelines and important pharmacology and diagnostic references. This session will cover choosing the right technology-enhanced peripheral brain and resources for all midwifery settings from primary care through intrapartum.

6:15p - 7:15p  To Screen or Not to Screen: Counseling Your Patients about Prenatal Genetic Screening Using the Shared Decision-Making Model

Elisa Patterson, PhD, CNM; Gillian Brautigam, CNM, MS

ES322  TRACK: Clinical  CE: 1

Chatham Ballroom B  2nd FL

This presentation will identify key elements of prenatal genetic counseling that midwives should master to provide adequate counseling and informed consent. With the advent of cell free DNA testing, prenatal genetic screening has become increasingly popular and challenging. The discussion will address whether to screen and how to accurately explain test results. It is crucial that patients are adequately counseled in a timely fashion regarding the risks, benefits, limitations, and differences among the various noninvasive versus invasive testing options. Key elements utilizing the shared decision-making model, strategies to tailor screening to specific patient populations, sensitivity to differences in literacy level, socioeconomic background, culture, and ethnicity needs will be presented through various informed consent examples and case studies.

6:15p - 7:15p  Sex Positivity in Clinical Practice, Part 2: Case Studies and Scripting for Common Scenarios

Stephanie Tillman, CNM, MSN

ES323  TRACK: Clinical  CE: 1  RX: 10 Min.

200, 2nd FL

This presentation will be a continuation of last year’s session, with a brief review of history and terminology. A main focus will be studies and examples of scripted language to be inclusive and empowering, even when embarking on new conversations with patients. Sex positivity is radical acceptance of sex or sexual expression rooted in safety, consent, and pleasure. Clinicians seeking to provide a safe space for all people seeking information, empowerment, and support in their sex lives must be knowledgeable about ways to do so. Case studies will include variations in relationship and sexual encounter types, continued evolutions in gender and sexual expression, solo sex and self-pleasure, the role of orgasms, discussions with adolescents, and kink.
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<td>6a-7a</td>
<td>Yoga</td>
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<td>Georgia International Gallery, 2nd FL</td>
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<td>7a-8a</td>
<td>Morning Movie: <em>Moment to Moment: Teens Growing Up with FASD</em></td>
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<td>7a-5:30p</td>
<td>Registration</td>
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<td>Georgia International Gallery, 2nd FL</td>
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<td>Local Committee Hospitality Booth</td>
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<td>Rotunda Booth, 1st FL</td>
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<td>7:15a-8:15a</td>
<td>Breakfast Symposium, sponsored by Hologic</td>
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<td>8a-6p</td>
<td>ACNM Store</td>
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<td>River Concourse, 1st FL</td>
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<td>8:30a-9:30a</td>
<td>PLENARY SESSION: ES 603 Social Justice: Advocacy in Action to Promote Health Equity and Social Justice in Maternity Care (Panel Discussion)</td>
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<td>8:45a-5p</td>
<td>Speaker Ready Room</td>
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<td>Gwinnett Boardroom, 1st FL</td>
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<td>9:30a-11:30a</td>
<td>Wellness Space</td>
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<td>9:45a-10:45a</td>
<td>Product Theater, sponsored by Medicines360</td>
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<td>ES 400 Special Interest Sessions See page 105 for session details.</td>
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<td>Chatham Ballroom A, 2nd FL</td>
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<td>ES 401 Peripartum Cardiomyopathy: A Women's Health Care Providers Guide to Identifying Risk and Distinguishing Symptoms</td>
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<td>ES 402 Beyond the Pink Pill: A Step-wise Approach to Female Sexual Interest/Arousal Disorders</td>
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<td>ES 403 ACNM Division of Global Health Panel: Developing Competencies for Midwives to Effectively Work in International Settings</td>
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<td>ES 404 AIM Bundles are Being Implemented Nationwide and Midwives Must be Involved!</td>
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<td>ES 405 The Gut Microbiome and Gestational Weight Gain in African American Women: Implications for Research Practice</td>
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### Schedule by Day ‒ Wednesday, May 23

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<th>ACTIVITIES</th>
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<tr>
<td>9:45a-2:15p</td>
<td>Exhibit Hall and Midwifery Market w/brunch from 11 AM-1 PM</td>
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<td>10a-2p</td>
<td>Member Resource Center</td>
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<td>10a-6p</td>
<td>&quot;Come Sit Awhile&quot; (moderated unity conversation)</td>
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<td>11a-12p</td>
<td>Open Forum</td>
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<td>12p-1:30p</td>
<td>Midwifery Business Network Reception</td>
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<td>12:30p-2p</td>
<td>Poster Session</td>
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<td>1:15p-2:15p</td>
<td>Dorothea M. Lang (30+) Esteemed Midwife Reception (Open to all midwives certified 1988 or earlier)</td>
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<td>2:15p-6:15p</td>
<td>Artisan Market</td>
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<td>2:15p-3:15p</td>
<td>ES 406 The Effects of Oral Contraceptive Pills on Sexual Pain and Dysfunction</td>
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<td>ES 407 Clinical Strategies for Addressing Maternal Obesity</td>
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<td>ES 408 2018 Global Health Hot Topics for Midwives</td>
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<td>ES 409 ACNM’s Gender Equity Task Force: Background, Resources, and Open Forum</td>
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<td>ES 411 Adherence to New Treatment Guidelines for Vulvovaginal Candidiasis</td>
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<td>2:30p-4:30p</td>
<td>Wellness Space</td>
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<td>3:30p-4:30p</td>
<td>ES 412 Let’s Talk about Vaccines!</td>
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### Schedule by Day  •  Wednesday, May 23

#### TIME  ACTIVITIES

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<tr>
<th>Time</th>
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<tr>
<td>3:30p-4:30p</td>
<td>ES 413 Think You Know Listeria? Think Again. A Fresh Look at Stale Teaching Guidelines</td>
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<td>Chatham Ballroom B, 2nd FL</td>
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<td>ES 414 Stemming the Tide of Cogential Syphilis: The Role of Midwifery in Prevention and Treatment</td>
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<td>ES 415 Our Power Within: Contemplative Practices Reduce Racism and Bias</td>
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<td>ES 416 Good Grief! Bacterial Vaginosis Again? What's New in BV Diagnosis and Treatment?</td>
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<td>3:30p-5:30p</td>
<td>ES 417 Opioid Use in Pregnancy: Structuring Care to Improve Outcomes for Mothers and Families</td>
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<td>Oglethorpe Auditorium, 1st FL</td>
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<td>4:30p-6:30p</td>
<td>Midwives-PAC (Political Action Committee) Rally</td>
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<td>4:45p-5:45p</td>
<td>ES 418 Ethics, Technology, and Ableism in Antenatal Testing</td>
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<td>ES 419 You Too Can Perform Manual Rotation of the Fetus in OT or OP Presentation in Labor</td>
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<td>ES 420 Pregnancy-Associated Stroke: Incidence, Outcomes, Identification, and Treatment</td>
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<td>ES 421 Vaginal Breech Birth: Outcomes of a Midwifery-Led Cohort in a Collaborative Model of Care at The George Washington University</td>
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<td>ES 422 Umbilical Cord Management At Birth: Midwifery Practice and Medical Legal Implications</td>
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<td>Chatham Ballroom C, 2nd FL</td>
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<td>6:45p-11:30p</td>
<td>Midwifery Awards Dinner Celebration Party</td>
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<td>Celebration Party</td>
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<td>Begins at 9pm, free for all attendees</td>
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<td>Exhibit Hall B, 1st FL</td>
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WEDNESDAY, MAY 23

8:30a-9:30a
Exhibit Hall B, 1st FL

PLENARY SESSION

ES603 Social Justice Panel: Advocacy in Action to Promote Health Equity and Social Justice in Maternity Care

Leseliey Welch, MBA, MPH (moderator)
Abigail Aiyepola, ND
Monica Simpson
Ena Suseth Valladares, MPH

TRACK: Midwifery Matters—Public Perception    CE: 1

As we continue to confront the appalling US maternal mortality rates and health disparities in combination with structural racism, the call to action has been loud, but the outcomes have been less clear. This panel of birth advocates will speak to the opportunities and challenges they have addressed within their organizations to respond to these challenges and make a difference in the communities they serve.

About Abigail Aiyepola

Abigail Aiyepola, ND, LM earned her doctorate of naturopathic medicine and certificate of midwifery from Bastyr University, after which she completed three years of post-graduate naturopathic residency, with a focus on integrative women’s health. She has since built a career and clinical practice specializing in integrative gynecology, fertility, and preconception care. She currently serves as the Associate Dean of Maryland University of Integrative Health’s School of Naturopathic Medicine and is Chair of the National Association to Advance Black Birth, the national organization focused on equity in the midwifery profession. She also serves on the board of the Academic Collaborative for Integrative Health, the Midwifery Clinical Training Task Force, and the Equity Task Force of the US MERA collaboration, representing eight national midwifery organizations. Abigail is the owner of Omolayo™, a virtual platform dedicated to educating and empowering women about their bodies and their health. Her passion for the empowerment of women and children is a common thread in all she does.
About Monica Simpson

Monica Raye Simpson is Executive Director of SisterSong, a woman of color reproductive justice collective. A native of rural North Carolina, Monica organizes against human rights violations, the prison industrial complex, and structural racism through a feminist and interdisciplinary approach to black liberation from a Southern to a global scale. A renaissance leader, she is also committed to birth justice as a certified doula, and she centers the reproductive rights of black women as part of her practice. Monica’s integration of activism and artistry—“artivism,”—created a path for the release of her first live album, entitled *Revolutionary Love*, which earned great praise for its blending of her gospel roots and her passion for social justice. She calls this innovative sound “revolutionary soul.” As a performer who works to empower marginalized people and tear down broken systems, Monica was named a new Civil Rights Leader by *Essence* magazine and chosen as one of the *Advocate* magazine’s 40 under 40 leaders.

About Ena Suseth Valladares

Ena Suseth Valladares, MPH has worked on reproductive justice issues for over two decades. She is passionate about reducing health inequities and improving access to social and health services through community-informed research and policy. A firm believer that quality health care is a human right, Ena is responsible for California Latinas for Reproductive Justice’s research projects, activities, and publications, which specifically address the reproductive and sexual health priorities of the Latina/x/o communities. Ena received her BA in integrative biology from the University of California at Berkeley. She completed her MPH, with an emphasis in Community Health, from California State University, Long Beach. In addition to gathering and sharing nerdy factoids every chance she gets, Ena likes to hug trees, is an avid hiker, and loves LA.

About Leseliey Welch

Leseliey Rose Welch, MPH, MBA, an experienced public health administrator, strategist, and consultant, is the next generation leader of Birthing Project USA (BPUSA), a grassroots maternal-child health movement. BPUSA promotes SisterFriending™ as a strategy to improve maternal-infant well-being, collaborates with Ayzh to deliver low-cost safe birth kits to sisters around the world, and is planning to launch its girl health campaign: a mother-daughter rite of passage program and effort to provide low-cost menstrual hygiene kits to girls. Leseliey has served as deputy director of public health for the city of Detroit, where she led the operational reconstitution of the post-bankruptcy health department and started SisterFriends Detroit. She is faculty in public health at Wayne State University and lectures in women’s studies at the University of Michigan. She also serves as an advisor to the Reproductive Justice Committee for City MatCH. Leseliey earned her bachelor’s in women’s studies, master’s in public health, and master’s in business administration from the University of Michigan.
Highlighted Activities & Events

WEDNESDAY, MAY 23

7a–8a
Morning Movie: Moment to Moment: Teens Growing Up with FASD
105, 1st FL
Marilyn Pierce-Bulger, CNM, FNP-BC, MN, our opening plenary speaker, will host a special screening of the documentary, *Moment to Moment: Teens Growing Up with FASDs*. Pick up a coffee and join us for this intimate and eye-opening journey into the lives of four adolescents with fetal alcohol spectrum disorders (FASDs), and their families and friends. See how FASD impaired brain function can make it much harder for these teens to meet the typical demands of social relationships and independence and easier for many of them to fall into trouble with the law. Come learn about a preventable disability that may impact one in 20 US children.

7:15a–8:30a
Breakfast Symposium, Sponsored by Hologic
Chatham Ballroom B, 2nd FL
This symposium will focus on identifying risk factors for preterm labor, discussing options for screening asymptomatic patients at high risk for delivering early, and learning how to incorporate quantitative fetal fibronectin testing into a preterm labor risk management strategy. Hologic provides diagnostics solutions designed to benefit laboratories, clinicians, and the patients they serve. Learn more on page 130.

9:45a–10:45a
Product Theater, Sponsored by Medicines360
Exhibit Hall B, 1st FL
Medicines360 is a global nonprofit women’s health pharmaceutical company with a mission of expanding access to medicines, regardless of socioeconomic status, insurance coverage or geographic location. Read more on page 132.
WEDNESDAY, MAY 23

1p-3p

Interview a Midwife Seminar
101, 1st FL

Join us for this free seminar, sponsored by the ACNM Midwifery History Caucus, to practice interviewing methods, including writing, audio, and video, with the guidance of caucus members.

1:15p-2:15p

Dorothea M. Lang (30+) Esteemed Midwife Reception, Sponsored by The A.C.N.M. Foundation, Inc.
Grand Ballroom A, 2nd FL, Westin

All CNMs/CMs who have been certified for 30 years or more (since 1988 or earlier) are invited to attend this reception. Light refreshments will be served. Sponsored by the John & Frank Sparacio Foundation, this annual event shines a bright light on our most senior members. The reception will also showcase the origins and the 2018 recipient(s) of the Foundation’s most prestigious award—the Dorothea M. Lang Pioneer Award. This reception is also a time to reflect on the visionary career of its namesake, the late Dorothea M. Lang, CNM, MPH, FACNM. Dorothea was one among a group of exemplary midwifery leaders with pioneering vision. Her outlook is best captured in her own words: “Go ... where the needs of the women are the greatest and the conditions are the worst. That is where you will show what you as a midwife can truly bring to health care and the community”

4:30p-6:30p

Midwives-PAC Rally
Ticketed Event
102, 1st FL

Every year at the Annual Meeting, the Midwives-PAC holds an auction to raise funds for use in our federal advocacy efforts. This year’s silent and live auctions are shaping up to be the best yet! We’ve got guest speakers, amazing auction items, and live entertainment. The Midwives Political Action Committee advances midwifery goals through advocacy and donations. Support your voice in Congress! Purchase your tickets at the registration area or at the door and get set to have some rollicking fun!

6:45p-11:30p

Midwifery Awards Dinner & Celebration Party
NOTE: the dinner is ticketed; the 9p dance party is open to all
Exhibit Hall B, 1st FL

Put on your fancy clothes, get ready for an elegant meal with drinks, and come be inspired by the brightest stars and rising stars of our profession. Then hit the dance floor with them! The midwifery celebration party is always a huge favorite with meeting attendees. Providing music will be Cleven ‘DJ Cleve’ Gilmore, a native of South Carolina. DJ Cleve has been DJing for more than 18 years and is well-known for his family-oriented shows. When asked why he DJs, DJ Cleve said, “I just like to make people happy.” Awards Dinner co-sponsored by AMAG.
**Education Sessions • Wednesday, May 23**

**9:45a - 10:45a  SPECIAL INTEREST SESSIONS**

Special interest sessions are 30-minute simultaneous presentations, each offered around a table to provide a more informal, intimate experience. Attendees must stay for the full hour and join two back-to-back 30 minutes sessions for 1 CE.

**ES400**

1. **Integrative Midwifery for the Underserved**
   
   Janelle Komorowski, DNP, MS, CNM
   
   TRACK: Clinical
   
   This presentation will explore application of the principles of integrative medicine to midwifery care and innovative strategies for eliminating barriers to providing this care to the underserved. Although underserved populations could significantly benefit from an integrative midwifery approach, cost and time constraints are two persistent barriers.

2. **(Un)Certain Terms: An Update of Shared Decision-Making in Midwifery Care**
   
   Michele Megregian, CNM, MSN
   
   TRACK: Clinical
   
   Traditional shared decision-making relies upon clear evidence. However, the evidence behind interventions in maternity care is often based upon unclear, limited, or uncertain evidence, which can diminish informed choice and increase decisional conflict. Shared decision-making under these conditions offers the opportunity for improved ways of interaction and decision-making.

3. **Context and Clinical Care: Applying the Institute of Medicine Report on Social Determinants of Health to Teaching Midwifery**
   
   Victoria Baker, PhD, CNM, MS, MSPH
   
   TRACK: Clinical
   
   The Institute of Medicine (IOM) issued a 2016 report urging health professional educators to incorporate the social determinants of health into training our workforce at every level, including clinicians, administrators, educators, researchers, and policy makers. Taking into account the social determinants of health improves our care and helps us achieve health equity at a population level. This session helps midwifery educators answer that call.

4. **Lessons Learned by the Organizers of the Massachusetts Midwives Summit: The Who, What, Where, When, Why, and How to Convene a Successful Summit**
   
   Kelly Roberts, MSN; Michele Helgeson, CNM, MPH
   
   TRACK: Leadership
   
   Join the initiators and organizers of the Massachusetts Midwives Summit in an engaging conversation about why and how to plan a summit. We’ll review planning timelines, steps and revisions, and what we learned in the process, including what we would do differently. To make this session truly interactive, fun, and worthwhile, we welcome your questions and insights in order to learn from one another.
Education Sessions • Wednesday, May 23

5. Working to the Full Scope of Midwifery Practice in and out of Hospital
Michelle Palmer, CNM, MSN
TRACK: Clinical
This presentation will review steps taken to gain obstetric and newborn privileges in a hospital setting, to maintain continuity of care from home to hospital in the case of home birth transfer, and to expand the midwife role in the hospital setting. The benefits of the midwifery philosophy on the normal newborn and the strengthening of interprofessional relationships and autonomous practice will be explored.

6. Writing Clinical Review Articles: Advice from the Editors
Francie Likis, DrPH, NP, CNM, FACNM, FAAN; Tekoa King, CNM, MPH, FACNM; Patricia Aikins Murphy, CNM, DrPH, FACNM, FAAN
TRACK: Miscellaneous
Evidence-based clinical review articles identify and synthesize current knowledge about a clinical topic. These popular articles summarize the literature and expert opinions to provide readers with clinical guidance. This session, led by editors of the *Journal of Midwifery & Women’s Health*, provides advice for the process of writing a clinical review article from choosing the topic to completing the manuscript.

7. Midwifing the Midwife: Re-entry of the Minimally, Moderately, and Extensively Experienced Clinician after a Gap in Clinical Practice
Nicole Mercer, MSN, CNM, FNP-C; Melissa Davis, DNP, CNM, FNP; Lori Cabbage, MSN, CNM, FNP
TRACK: Midwifery Matters-Business
New evidence, rusty skills, practice changes, methods of screening, and continuously changing electronic medical records are a few of the areas that can cause unease for the returning midwife. A carefully planned and implemented orientation schedule is key to the success of both the re-entrant and the practice’s success. This presentation will guide the re-entering midwife through the process.

8. From Clinical Practice to Publication: Writing Case Reports
Linda Hunter, CNM, EdD, FACNM; Frances Likis, DrPH, NP, CNM, FACNM, FAAN; Tekoa King, CNM, MPH, FACNM
TRACK: Clinical
Need some motivation and help to write about an interesting case? This session will prepare attendees to write a case report for publication with helpful tips and examples. Bring your ideas and writing aspirations to this small group session for some inspiration and support from editors of the *Journal of Midwifery & Women’s Health*.

9. Caring for Pregnant Clients with Autism Spectrum Disorder
Michele Augur, MSM; Karen Hays, CNM, ARNP, DNP
TRACK: Clinical
Caring for clients with autism spectrum disorder (ASD) necessitates accommodating sensory, social, communication, planning, and decision-making needs. Midwives’ philosophy of care and scope of practice are well-situated to provide holistic continuity of care while offering a sensitive, inclusive approach for neurodiverse clients. This presentation will introduce a new practice guideline to assist midwives in providing appropriate reproductive health care for women with ASD.
Education Sessions ✦ Wednesday, May 23

10. The Midwife in the Second Half of Life
Karen McGee, Retired RN, CNM, BSN, MSN
TRACK: Miscellaneous
This presentation meets the goals of Domain I of the ACNM Strategic Plan: Supporting our members. The content will achieve a personal application to the navigation for retirement. The session will also recognize the work of midwives anticipating age-related life changes and provide a prompt to sustain their ongoing growth and involvement in our profession.

11. Extended Role Transition: A Course Designed to Change the Learning Curves of Midwifery Students without Prior Intrapartum Employment
Kathryn Woeber, PhD, CNM, MPH
TRACK: Education
Approximately half of all US midwifery programs admit students without prior intrapartum employment experience. To boost the knowledge and skills of these students before their midwifery clinical experiences, our program developed a course called Extended Role Transition. This presentation will focus on course objectives, logistics, content, student evaluation, and strategies to promote learning.

Sharon Adams, CNM, DNP; Emily Kidd, BSN
TRACK: Clinical
Prenatal screening has evolved over time with improvements in detections rates of aneuploidy. All pregnant women should have the opportunity for individualized counseling to assist in their prenatal screening choices. This presentation provides resources for guidance to provide these choices in a manner that is easily understood by the patient and family.

13. We’re All in This Together: A Unique Approach to Interprofessional Education on Labor and Delivery
Laura Jenson, CNM, MS, MPH, CPH; Amy Stenson, MD; Lisa Chickadonz, CNM, MS; Jessica Flynn, MD; Margaret Grace, RN
TRACK: Education
We utilized an interdisciplinary approach to train new obstetric learners (family medicine and obstetric interns, student midwives, and labor and delivery nurses) on a variety of relevant topics with an emphasis on communication strategies. Learners reported improved feelings of confidence about their ability to practice safely, an appreciation for interdisciplinary perspectives, and feeling more empowered to work on a labor and delivery unit.

Penny Marzalik, PhD, CNM, IBCLC
TRACK: Education
This presentation is for midwives and educators interested in planning or participating in study abroad learning exchanges between two midwifery educational programs. Type and length of exchange, resources needed, and anticipated outcomes for intercultural competence are discussed. The option for a virtual exchange is included.
15. Beyond Benchmarking: Using Benchmarking Data to Drive Practice and Quality Improvement
Cathy Emeis, PhD, CNM
TRACK: Clinical
Thinking beyond benchmarking as an annual activity enables midwives to use the benchmarking process to identify opportunities for quality improvement and sets the stage for practice improvement projects. This session demonstrates how midwives can use their benchmarking data to identify concerning practice trends and design a practice improvement project aimed at improving outcomes of care.

16. Stress and the American Midwife: Causes, Effects, and Solutions
Erin Wright, CNM, APHN-BC, DNP
TRACK: Clinical
This session will explore the factors contributing to work-related stress among midwives in global settings and the United States. We will discuss evidence-based methods for stress reduction in both individual and systemic contexts, including cost-effectiveness and feasibility, and engage in experiential learning. (No special clothing needed.)

17. Is the Midwife on the Birth Certificate? Why All Midwives Should be Active Participants in Improving Birth Certificate Accuracy
Erin Biscone, CNM, DNP; Kendra Adkisson, CNM, MSN
TRACK: Midwifery Matters—Public Perception
In this session, we will explore the importance of birth certificate data to the public perception and influence of midwives, how certificate data are gathered and reported, and where and when errors are most likely to occur. We will also learn about tactics to increase accuracy of birth certificates for the babies midwives catch, and strategies for advocacy.

18. Do We Teach How They Learn? Exploring Faculty and Student Teaching and Learning with Technology
Missi Stec, CNM, DNP, APRN, FACNM; Heather Findletar Hines, CNM, DNP
TRACK: Education
This session will explore assessment of learning style and how technology-enhanced, evidence-based pedagogy can assist the faculty in meeting students where they learn. This type of approach can increase student learning and retention while improving faculty satisfaction in the classroom.

9:45a – 10:45a Peripartum Cardiomyopathy: A Women’s Health Care Provider’s Guide to Identifying Risk and Distinguishing Symptoms
Andrew Youmans, CNM, CPEN, FAWM
ES401 TRACK: Clinical CE: 1 RX: 30 Min.
Chatham Ballroom B 2nd FL
This presentation will provide information to help midwives and women’s health care providers recognize peripartum cardiomyopathy and cardiovascular issues in the clinical setting as well as ways to differentiate peripartum cardiomyopathy from normal pregnancy symptoms. Risk factors, epidemiology, pathophysiology, physical exam, diagnostic tests, and effects will be presented. Peripartum cardiomyopathy is related to significant morbidity and mortality among pregnant and postpartum women. Cardiomyopathies and cardiovascular complications contribute to more than 25% of maternal deaths in the United States.
Education Sessions ✶ Wednesday, May 23

9:45a - 10:45a  Beyond the Pink Pill: A Stepwise Approach to Female Sexual Interest/Arousal Disorders
   Tammy Senn, CNM, WHNP, MSN

ES402 TRACK: Clinical  CE: 1  RX: 20 Min.

203, 2nd FL

This session will review female sexual response and DSM-5 criteria for disorders of desire and arousal. Sexual dysfunction is a common complaint that may create significant personal and relationship distress for women. A systematic treatment plan for sexual dysfunction includes: establishing goals for treatment, identifying underlying factors and co-morbid diagnoses, making appropriate referrals, conducting patient education, and prescribing evidence-based pharmacologic and non-pharmacologic therapies.

9:45a - 10:45a  ACNM Division of Global Health Panel: Developing Competencies for Midwives to Effectively Work in International Settings
   Robyn Churchill, CNM, MSN; Lauren Arrington, CNM; Barbara Anderson, CNM, DrPH, FACNM, FAAN; Wreatha Carner, CNM, MN, DNP; Amy Levi, CNM, WHNP-BC, PhD

ES403 TRACK: Clinical  CE: 1

Oglethorpe Auditorium

1st FL

The panel will discuss international roles for US midwives, opportunities, and core competencies needed to begin or develop a career in international health. ACNM members have expressed interest in global careers. CNM/CM educational programs are necessarily focused on US-based clinical care and practice issues to prepare midwives for work in the United States. Midwives interested in global health want to know more about getting involved to meet growing demand for midwife educators, TAs, and consultants. A standard learning pathway or guidance for a midwife to choose an experience and develop skills to work effectively and ethically in international settings will be presented.

9:45a - 10:45a  AIM Bundles are Being Implemented Nationwide and Midwives Must be Involved!
   Elaine Germano, CNM, DRPH, FACNM

ES404 TRACK: Clinical  CE: 1  RX: 10 Min.

Chatham Ballroom C

2nd FL

The Council on Patient Safety in Women’s Health Care’s AIM Project is a vehicle for widely disseminating collaboratively created safety bundles. ACNM members are included on the ACOG-initiated Council and on multidisciplinary work groups. Brief descriptions of the quality improvement safety bundles, information about how to access and utilize these evidence-based materials at the individual unit level, and ideas about how to get involved at a leadership level in each state will be presented. Additional discussion will focus on ACNM affiliate leaders’ involvement to improve perinatal quality. Updates will also be offered from targeted states highlighting issues and ideas on initiating use of the bundles in education curricula and practice to improve quality and address racial disparities.
Education Sessions • Wednesday, May 23

9:45a - 10:45a  The Gut Microbiome and Gestational Weight Gain in African American Women: Implications for Research and Practice

Sara Edwards, CNM, MPH, PhD(c)

ES405 TRACK: Racism and Health Disparities  CE: 1
200, 2nd FL

This study will describe the composition and diversity of the gut microbiome across pregnancy in healthy African American women by BMI category who give birth to term, singleton infants. Nearly 80% of African American women of childbearing age report themselves to be overweight or obese, by far the highest of all races. The gut microbiome has been linked to body weight in non-pregnant populations, but there is a dearth of research of the gut microbiome across pregnancy. Given the potential to modify the gut microbiome with dietary and other lifestyle changes, a better understanding of its contribution to a healthy pregnancy is essential.

2:15p - 3:15p  The Effects of Oral Contraceptive Pills on Sexual Pain and Dysfunction

Kathy Herron, CNM, MS

ES406 TRACK: Clinical  CE: 1 RX: 10 Min.
Chatham Ballroom A 2nd FL

Oral contraceptive pills are an excellent choice for some women and have many health benefits. In some cases, however, use can lead to sexual dysfunction and pain. This session will discuss the physiologic basis for this, including which pills are more likely to cause an issue and which women are more likely to be affected. Midwives will learn to identify and treat these women. Physical examination, laboratory tests, medications, and complementary therapies will be discussed.

2:15p - 3:15p  Clinical Strategies for Addressing Maternal Obesity

Monica Ketchie, DNP, CNM, ANP; Josie Doss, PhD, MSN, RN

ES407 TRACK: Clinical  CE: 1
Chatham Ballroom B 2nd FL

This presentation will address the state of maternal obesity and provide the evidence based on the following: 1) trends, 2) an overview of maternal and fetal/infant complications, and 3) professional recommendations regarding counseling and interventions during pre-conception and gestational periods. An evaluation of barriers will guide a discussion of how providers can create an environment that will motivate and support positive changes in nutrition and physical activity. Presenters will use evidence-based literature to identify appropriate approaches to opening conversations and providing counseling to overweight and obese women of childbearing age that will encourage changes in behavior.

2:15p - 3:15p  2018 Global Health Hot Topics for Midwives

Robyn Churchill, CNM, MSN (moderator); Deborah Armbruster, CNM, MPH, FACNM; Mary Ellen Stanton, CNM, MSN, FACNM; Lisa Noguchi, CNM, PhD

ES408 TRACK: Global Midwifery  CE: 1
203, 2nd FL

The latest information will be presented in four areas during this panel discussion: 1) providing culturally appropriate care in global crisis settings, 2) prevalent infectious disease recognition and treatment, 3) global maternal health workforce challenges, 4) and role of midwives in health systems change. CNMs/CMs will also learn about culturally appropriate care in US settings. In global health, midwives provide clinical care, educate many types of providers, and affect health systems change. As CNMs/CMs increasingly engage in global work, including care of refugee women, they need the most recent information about global issues.
Education Sessions • Wednesday, May 23

2:15p - 3:15p  **ACNM’s Gender Equity Task Force: Background, Resources, and Open Forum**
   Stephanie Tillman, CNM, MSN; Simon Adriane Ellis, CNM; Ruth Zielinski, PhD, CNM, FACNM
   **ES409**  TRACK: Miscellaneous  CE: 1
   Chatham Ballroom C  2nd FL
   This presentation and panel discussion will review the work of the Gender Equity Task Force, ACNM member resources, and next steps. The task force is charged with examining member education, online and print resources, and language in ACNM documents, and was born out of recognition of changing patient communities, evolving membership, and intentional movements toward sexual and reproductive justice and inclusivity. The session will include an open forum for questions about the work of the task force and dialogue regarding gender and sexuality in midwifery education, training, and care provision.

2:15p - 3:15p  **Neonatal Weight Matters: An Examination of Weight Changes in Full-Term Breastfeeding Newborns During the First Two Weeks of Life**
   Diane DiTomasso (Thulier), PhD, RN
   **ES410**  TRACK: Clinical  CE: 1
   Oglethorpe Auditorium  1st FL
   This study addressed the lack of definitive evidence about the expected weight loss patterns for breastfeeding newborns. Our findings showed that more than half of the healthy, full-term, breastfeeding newborns in this study lost greater than 7% body weight after birth, a standard set by the American Academy of Pediatrics. For newborns who lost greater than 7% body weight, exclusive breastfeeding rates at two weeks of age were significantly lower compared to newborns who lost less than 7%.

2:15p - 3:15p  **Adherence to New Treatment Guidelines for Vulvovaginal Candidiasis**
   Mark Martens, MD
   **ES411**  TRACK: Clinical  CE: 1  RX: 45 Min.
   200, 2nd FL
   This presentation reviews adherence to new vulvovaginal candidiasis treatment guidelines by health professionals. It also establishes a baseline to evaluate future compliance. Sponsored by Monistat.

3:30p - 4:30p  **Let’s Talk about Vaccines!**
   Carol Hayes, CNM, MN, MPH; Nicole Rouhana, PhD, FACNM, FNP-BC; Niessa Meier, DNP, CNM; Pamela Meharry, PhD, CNM
   **ES412**  TRACK: Clinical  CE: 1
   Chatham Ballroom C  2nd FL
   This presentation will provide evidence on ways to address vaccine hesitancy among pregnant women, especially women of color, as well as a panel discussion on putting this evidence into practice. The panel consists of midwives who have demonstrated a commitment to improving immunizations rates in women.
3:30p - 4:30p  **Think You Know Listeria? Think Again. A Fresh Look at Stale Teaching Guidelines**  
Katya Simon, CNM, MSN, MS; Valentina Simon; Rachel Rosenzweig; Mickey Gilmor-Kahn, MSN, CNM  
ES413 TRACK: Clinical  CE: 1  RX: 10 Min.  
Chatham Ballroom B  2nd FL  
In a startling observation, data show that from 2015 to 2016, 95% of listeriosis illnesses and 85% of deaths resulted from foods not included on the ACOG/CDC list for safe consumption during pregnancy. Dietary guidelines, designed decades ago and trusted by maternity care providers today, are outdated because of changing food systems and eating habits. The pathogen is not where we expect, lurking instead in seemingly innocent foods. After examining CDC, FDA, and USDA databases, we propose a rigorous revision of guidelines on listeriosis prevention.

3:30p - 4:30p  **Stemming the Tide of Congenital Syphilis: The Role of Midwifery in Prevention and Treatment**  
Virginia Bowen, PhD, MHS; Okeoma Mmeje, MD, MPH; Allison Finkenbinder, MSN, WHNP-BC  
ES414 TRACK: Clinical  CE: 1  RX: 4 Min.  
Chatham Ballroom A  2nd FL  
This session will review the epidemiology of congenital syphilis and provide clinical information about the diagnosis and treatment of female syphilis and the prevention of congenital syphilis. It will also highlight specific actions that midwives can take to prevent this disease. During 2012–2016, reported cases of congenital syphilis increased by 88% in the United States. Midwives are uniquely poised to help address this preventable adverse health outcome.

3:30p - 4:30p  **Our Power Within: Contemplative Practices Reduce Racism and Bias**  
Laura A. Bennett, CNM, MSN  
ES415 TRACK: Racism and Health Disparities  CE: 1  
203/204/205, 2nd FL  
Racism contributes to myriad health problems in its sufferers within our society, including preterm birth and its consequences, increased cellular aging, inflammation, cardiovascular disease, metabolic disturbances, sleep disorder, cognitive decline, later diagnosis of disease, and shortened life span. Minorities face inequity in health care, and they are also less likely to receive life- and function-preserving therapies, as well as the standard treatment plans for care while hospitalized. Research has demonstrated that mindfulness and compassion practices alter the neural firing patterns associated with bias and racism, and that the practices reduce bias and discrimination. Understanding our nature and taking part in these contemplative practices, which develop our awareness and sensitivity, give us power to heal racism and prejudice in health care and in society.

3:30p - 4:30p  **Good Grief! Bacterial Vaginosis Again? What’s New in BV Diagnosis and Treatment? Hope for Women, Relief for Providers!**  
Barbara Hughes, CNM, MS, MBA, FACNM, NE-BC  
ES416 TRACK: Clinical  CE: 1  RX: 30 Min.  
200, 2nd FL  
This session will review current evidence about the incidence, diagnosis, and management of bacterial vaginosis. An innovative new treatment option for BV has been approved by the FDA, which will add to midwives’ treatment toolkit. Sponsored by Lupin.
3:30p - 5:30p  EXTENDED SESSION

**Opioid Use in Pregnancy: Structuring Care to Improve Outcomes for Mothers and Families**

Jan M. Kriebs, CNM MSN FACNM (moderator); Sister Kay Kramer, CNM, FNP, MSN, DNP; Daisy Goodman, CNM, DNP, MPH; Michelle Drew, DNP, MPH, CNM, FNP-C; Janelle Komorowski, DNP, CNM

**ES417 TRACK: Clinical**  CE: 2  RX: 60 Min.

Oglethorpe Auditorium
1st FL

This extended session addresses the extent of opioid use during pregnancy in the United States and examines ways in which midwives can contribute to healthier outcomes for both mother and child. After sharing the AIM bundle Obstetric Care for Women with Opioid Use Disorder as a background, the panel will address screening issues, coordination of care, medically assisted therapy, supervised withdrawal, and how midwives can become leaders in safe care for women with opioid use disorders.

4:45p - 5:45p  Ethics, Technology, and Ableism in Antenatal Testing

Ira Kantrowitz-Gordon, CNM, PhD, FACNM; Megan Eagen-Torkko, CNM, PhD; Kimberly Allard, CNM, MN, MSW

**ES418 TRACK: Clinical**  CE: 1

200, 2nd FL

The technology of antenatal screening and diagnostic methods is advancing quickly. In an environment where such advances are often considered an unmitigated good, it is necessary to reflect on such progress in order to be mindful of unanticipated consequences. While ultrasound and other testing can help to optimize prenatal care, testing also increases the potential for ethical dilemmas and for increased patient anxiety in the setting of uncertain results. This Ethics Committee session will use case studies presented by a panel representing diverse perspectives and approaches to consider issues of informed consent and decision-making, disparities of testing availability with regard to social determinants of health, and the balance of maternal and fetal health interests.

4:45p - 5:45p  You Too Can Perform Manual Rotation of the Fetus in OT or OP Presentation in Labor

Jean Maunder, CNM, MSN

**ES419 TRACK: Clinical**  CE: 1

203, 2nd FL

OP and OT presentations are well-known to be disadvantageous to both mother and fetus. While they occur in about 5% of second stage labors at term, they cause a disproportionate number of operative births. Digital assessment of fetal position is less accurate when the presentation is OT or OP. Attendees will learn to recognize ultrasound landmarks of fetal position to increase the accuracy of your fetal position assessments. They will also learn digital and manual techniques for rotation: simple low-tech, low-risk procedures shown to be effective in reducing the length of second stage labor, decreasing the rates of operative birth, and reducing the associated maternal and infant morbidity.
Education Sessions  •  Wednesday, May 23

4:45p - 5:45p  Pregnancy-Associated Stroke: Incidence, Outcomes, Identification, and Treatment

Melissa Davis, CNM, FNP, DNP; Bethany Sanders, CNM; Julia Phillippi, PhD, CNM, FACNM; Sharon Holley, DNP, CNM, FACNM

ES420 TRACK: Clinical  CE: 1  RX: 15 Min.

Chatham Ballroom B 2nd FL

Stroke is a serious medical issue posing risk of morbidity and mortality in the pregnant woman and her fetus. Symptoms of stroke can mimic those of preeclampsia, making the diagnosis difficult. Most strokes occur in the postpartum period, but cerebrovascular accidents can happen at any time during pregnancy, birth, and the puerperium. Because of the increased incidence of stroke among childbearing age women in the United States, the American Heart Association specifically addressed hypertension and stroke during pregnancy in the most recent guidelines, and they will be reviewed in this presentation.

4:45p - 5:45p  Vaginal Breech Birth: Outcomes of a Midwifery-Led Cohort in a Collaborative Model of Care at The George Washington University

Whitney Pinger, CNM, MSN, FACNM; Amr Madkour, MD; Dina Daines, CNM; Eleanor Fisher, CNM

ES421 TRACK: Clinical  CE: 1  RX: 60 Min.

Chatham Ballroom A 2nd FL

This presentation reviews the outcomes, successes, and challenges of a midwifery-led cohort seeking a planned, vaginal breech birth model in a collaborative practice setting. The Vaginal Breech Initiative was established at The George Washington University in response to consumer demand for the option of vaginal breech birth. The techniques and guidelines used to promote spontaneous vaginal breech birth, and how skilled, inter-professional, vaginal breech teams can improve access to planned vaginal breech birth as a part of evidence-based care will be discussed. The role of the midwife as an expert in vaginal breech birth in an interdisciplinary team-based setting is presented.

4:45p - 5:45p  Umbilical Cord Management at Birth: Midwifery Practice and Medical-Legal Implications

Judith Mercer, PhD, CNM(ret.), FACNM; Debra Erickson-Owens, CNM, PhD

ES422 TRACK: Clinical  CE: 1

Chatham Ballroom C 2nd FL

Current management of newborns with nuchal cords, shoulder dystocia, and perinatal distress may be associated with neonatal morbidity and mortality. While immediate cord clamping is the routine practice for non-vigorous newborns, maintaining an intact cord during resuscitation may allow for rapid reperfusion and support. The speakers will present rationale, evidence, and actual cases to demonstrate the effects of differing management on the newborn. Medical-legal implications of options will be discussed.
**Schedule by Day ▲ Thursday, May 24**

Unless otherwise noted, all activities take place at the Savannah International Trade & Convention Center.

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<td>7a-12:30p</td>
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<td>River Concourse, 1st FL</td>
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<td>8:30a-10:30a</td>
<td>Officers Induction &amp; Closing Business Meeting</td>
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<td>9a-11a</td>
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<td>Gwinnett Boardroom, 1st FL</td>
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<td>10:45a-11:45a</td>
<td>ES 500 How Integrated Birthing Centers will Shape the Future of US Maternity Care</td>
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<td>ES 501 (Fast Track) Simulation as an Objective Teaching Strategy to Develop Competence in Midwifery Students; Multi-tasking, Efficiency, and Accuracy: Creating Low-Stakes Simulations to Identify Learning Challenges and Optimize Care in High Stakes Settings</td>
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<td>ES 502 All My Babies and the Grand Midwives of Georgia: A Presentation and Discussion of Rare Film Images</td>
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<td>ES 503 Stillbirth and Perinatal Loss from a Reproductive Justice Paradigm</td>
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<td>ES 504 Does Birth Experience Alter the Infant Microbiome and Do We Care? Original Research Investigating Home Birth, Water Birth, and Maternal Antibiotics.</td>
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<td>12:15p-1:15p</td>
<td>THERESE DONDERO LECTURE: ES 604 Call the Midwife: Demonstrating Best Midwifery Practice through Drama</td>
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<td>Terri Coates, MSc, RN, RM, ADM, Dip Ed</td>
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<td>1:15p-1:30p</td>
<td>Closing: Wrapping up our 63rd Annual Meeting and looking ahead to 2019</td>
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<td>1:30p-4p</td>
<td>Division of Midwifery Education</td>
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<td>2p-6p</td>
<td>Board of Directors Meeting</td>
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THURSDAY, MAY 24

12:15p–1:15p
Exhibit Hall B, 1st FL

THERESE DONDERO LECTURE
Sponsored by THE A.C.N.M. FOUNDATION, INC.
ES 604 Call the Midwife: Demonstrating Best Midwifery Practice through Drama
Terri Coates, MSc, RN, RM, ADM, Dip Ed

TRACK: Midwifery Matters–Public Perception  CE: 1

While Call the Midwife is set during the years 1957–1963, the practice of excellent midwifery has changed little. The program portrays midwifery care in poor areas of the East End of London in post-War England. Pregnancy, childbirth, poverty, and disease are portrayed as realistically as possible within a drama-plausibly plausible storyline. In reality, the equipment and the surroundings may have been updated, but the interactions between midwife and mother are both timeless and universal. The program strikes a chord with those in current practice as the diseases and challenges of poverty and pregnancy have changed little over the recent decades.

About Terri Coates
Since 1982, British midwife Terri Coates has been a practicing midwife. Since 1991, she has been a midwifery lecturer and has contributed to many international midwifery textbooks. She is currently studying for a PhD at Bournemouth University, focusing on women’s response to births portrayed in drama. Terri wrote the original article that inspired midwife Jennifer Worth to write her remarkable memoirs, Call the Midwife, which was published in 2002. Since 2012, Terri has served as clinical editor and midwifery advisor for the internationally acclaimed BBC series of the same name, advising on all clinical aspects of the program from script development to filming.
The current landscape of maternity care in the United States beckons a dynamic approach to process improvement strategies. Two primary options exist for low-risk women desiring physiologic birth experiences. Out-of-hospital birth provides women with a highly desirable autonomous, hands-on, low-intervention experience. In-hospital birth provides women with a highly desirable safety net of immediate access to acute care services. Integrating a midwife-led birthing center within the walls of a hospital facility dovetails the best of both models of care. Momentum is building for integrated birthing centers to shape the future of US maternity care.

This session will guide educators through the development of valid and reliable simulation modules and assessment instruments. Simulation experiences based on standards of the International Nursing Association for Clinical Simulation and Learning provide a safe environment for midwifery students to develop competence and transition to the role of competent, entry-level midwife. In addition, an objective and defensible method for determining the passing score for an assessment instrument will be demonstrated.

This presentation will review the science behind tasking, task switching, and distractions. Multitasking, efficiency, and accuracy are necessary components of the provision of safe, effective care, yet care providers are influenced by human factors, clinical context, and patient volume. Understanding the science behind effective time management, prioritization, and accuracy is essential to training providers to be successful and safe practitioners. The unique learning needs of the millennial age group and most effective teaching modalities will be identified. A videotaped simulation will focus on opportunities for teaching performance improvement and what interventions will facilitate efficiency and accuracy.

This presentation gives voice to enslaved African American midwives who were highly regarded, served important social roles, and provided high-quality care with good outcomes. They are an iconic part of US midwifery. In the early 20th century, medical and nursing professionals created legislation to regulate the practice of midwifery and sway opinion against the grand midwives. *All My Babies* was selected for the National Film Registry by the Library of Congress for being “culturally, historically or aesthetically significant.” Clips will tell the film’s story and offer never-before-seen images of maternity care in the 1940s and ’50s and the concept of rooming in.
**Education Sessions † Thursday, May 24**

10:45a - 11:45a  
Stillbirth and Perinatal Loss from a Reproductive Justice Paradigm

- Deena Mallareddy, CNM, MSN; Suzanne Pullen, PhD

**ES503 TRACK: Racism and Health Disparities  CE: 1**

Chatham Ballroom C  
2nd FL

This session will present stillbirth and perinatal loss as having unrecognized, but essential places on the reproductive justice spectrum. Complex issues related to stillbirth and perinatal loss will be examined from a social justice perspective. This session will utilize small group discussion, case study, and self-reflection using the latest research on options care for those with a loss or anticipating a loss.

10:45a - 11:45a  
Does Birth Experience Alter the Infant Microbiome and Do We Care? Original Research Investigating Home Birth, Water Birth, and Maternal Antibiotics.

- Joan Combellick, PhD, MPH, MSN, CNM

**ES504 TRACK: Clinical  CE: 1**

203, 2nd FL

Hospitalization for birth is considered a foundation of obstetric care. In the United States, more than 99% of births occur in the hospital. However, there is limited investigation of how the neonatal microbiome develops in the absence of all interventions, including hospitalization for birth. The purpose of this research was to characterize the intestinal microbiota of newborns following home and hospital birth. In this study, infants born at home showed higher rates of colonization with normal, healthy microbes while infants born in the hospital showed higher and earlier colonization with microbes associated with microbiota disruption.
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| 1      | From Intent to Delivery: Who Gives Birth in the Water? A Prospective Cohort Study:  
Abbey Sidebottom, MPH, PhD |
| 2      | Waterbirth: A Population-Based Comparison of Maternal Characteristics and Delivery Outcomes among Women with Water Immersion during Labor to a Clinically Similar Population:  
Abbey Sidebottom, MPH, PhD |
| 3      | Telehealth for Perinatal Depression: Feasibility, Acceptability, and Impact of Videoconference Groups and Mindfulness-Based Cognitive Behavioral Therapy:  
Gwen Latendresse, PhD, CNM, FACNM |
| 4      | Women Embrace Facilitated Group Videoconferencing to Reduce Perinatal Depressive Symptoms:  
Gwen Latendresse, PhD, CNM, FACNM |
| 5      | Net Benefit Analysis of Methods to Select a Sample of Women at High Obstetric Risk:  
Jennifer Vanderlaan, PhD, MPH, CNM |
| 6      | Communicating with African American Mothers About Risks for Recurrent Preterm Births:  
Patricia Loftman, CNM, LM, MS, FACNM |
| 7      | The Impact of Complementary Therapies on Psychosocial Factors in Women Undergoing In Vitro Fertilization: A Systematic Literature Review:  
Jenna LoGiudice, CNM, PhD |
| 8      | Vulvodynia Pain Characteristics: An Online Survey Pilot Study:  
Judith Schlaeger, PhD, CNM, LAc |
| 9      | Listeria: Then and Now. A Call to Revise Patient Teaching Based on Analysis of Federal Databases 1998-2016:  
Katya Simon, CNM, MS |
| 10     | Evidence Based Practice Change: Oral Health Assessment and Promotion in Pregnancy:  
Shannon Reed, CNM, DNP |
| 11     | Religiosity as a Protective Factor from Preterm Birth in Mexican-Origin Women:  
Robin Page, PhD, CNM |
| 12     | A Qualitative Analysis of Reproductive Coercion and Pregnancy Intention Among Low-Income Latina Women:  
Karen Trister Grace, PhD(c), MSN, CNM |
| 13     | Promoting Maternal Mental Health Wellness for Pregnant Women and New Mothers using MBCBT Telewellness:  
Hannah Murphy, RN, BSN, CLC, DNP |
| 14     | A Brief Perinatal Educational Intervention as a Means of Reducing the Incidence of Fetal Alcohol Spectrum Disorders:  
Joshua Gilliam, RN, BSN, SNM |
| 15     | Project Hooyo (Mother): Implementation of an Evidence-Based Prenatal Care Model for East African Refugee Women:  
Anjali Madeira, MPH, RN, MN |
| 16     | Women’s Health Provider Knowledge and Utilization of Intrauterine Device (IUD) Best Practices after an Educational Intervention:  
Christa Palancia Esposito, CNM, MSN, DNP(c) |
| 17     | Is There an Association between Adolescent Sexting and Sexual Behaviors? A Systematic Review and Meta-Analysis:  
Caroline Handschuh, CNM, MSN |
| 18     | Oxytocin Administration during MD and CNM Labor Management Using Clinical Decision Support with an Oxytocin Checklist:  
Janelle F. Palacios, CNM, PhD |
| 19     | Controlled Substance Prescribing Practices of Certified Nurse-Midwives in New Mexico:  
Katrina Nardini, CNM, MSN, WHNP-BC |
| 20     | New Mexico’s Metropolitan and Rural CNM Workforce: Insights from Mandatory License Renewal Surveys:  
Abigail Reese, CNM, MSN |
| 21     | Rural Maternity Care Access in Northern New Mexico: A Critical Ethnography:  
Abigail Reese, CNM, MSN |
| 22     | Results from the Midwifery Education and Workforce Survey of US Early-Career Midwives:  
Kate Woebner, PhD, CNM, MPH |
| 23     | A Registry of Water Immersion During Labor and Birth:  
Emily Neiman, MS, CNM |
| 24     | Implementing Evidence Based Fetal Heart Monitoring at a Large Urban Hospital:  
Jennifer Almanza, BAN, RN, PHN |
| 25     | Ethics Education for Midwifery Students: Assessment of Student Self-Efficacy:  
Michele Megregian, CNM, MSN |
| 26     | The Relationship between Maternal Mindfulness, Psychosocial Factors, and Perception of Fetal Movement:  
Ira Kantrowitz-Gordon, CNM, PhD, FACNM |
| 27     | Engaging with Mothers of Infants Hospitalized for Neonatal Abstinence Syndrome:  
Ira Kantrowitz-Gordon, CNM, PhD, FACNM |
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<td>Associations between Length of Second-Stage Labor and Maternal and Newborn Outcomes in Freestanding Birth Centers: Nancy Niemczyk, CNM, PhD</td>
<td>Reproductive Decision-Making in Syrian Refugee Women: A Pilot Study: Megan Chuey, CNM, PhD(c) Justine Wu, MD Lisa Kane Low, PhD, CNM</td>
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<td>Prevalence of Traditional Chinese and Vietnamese Medicine Postpartum Practices at a Federally Qualified Health Center: Van Nguyen, MPH</td>
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<td>Using the Vaginal Birth after Cesarean Calculator to Predict Birth Outcomes: A Retrospective Chart Review of Women with Prior Cesareans: Somphit Chinkam, CNM, MPH, DNP</td>
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<td>African American Mothers’ Experiences and Perceptions of the 10 Steps of the Baby-Friendly Hospital Initiative: Aja Greer, CNM, DNP</td>
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<td>Homebirth Women: A Qualitative Synthesis: Jessica Coburn, MSN, RN</td>
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<td>Promoting Physiologic Birth: Survey of Texas Certified Nurse-Midwives: Priscilla Nodine, CNM, PhD, MS</td>
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<td>Evaluation of the Inter-rater Reliability of the McMahon Competence Assessment Instrument for Use with Midwifery Students during a Simulated Shoulder Dystocia: Erin McMahon, CNM, EdD</td>
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<td>Stereotype Threat among Women Veterans Eligible for Care in the Veterans Health Administration: Lori Trego, CNM, MN, PhD, FAAN</td>
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<td>Strengthening Maternity Care by Identifying Predictors and Outcomes Associated with Longer Latent Labor: Ellen Tilden, CNM, PhD</td>
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<td>Doula Care Cost-Effectiveness &amp; Outcomes: A Two-Delivery Model: Ellen Tilden, CNM, PhD Karen S. Greiner, MD</td>
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<td>Cost-Effectiveness and Outcomes of Continuous Support by a Friend, Relative, or Community Member with Minimal Training: A Two-Delivery Model: Ellen Tilden, CNM, PhD Karen S. Greiner, MD</td>
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<td>A Survey of ACNM Members’ Understanding of US Midwifery Credentials: Dana Perlman MSN, CNM, FACNM</td>
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<td>Longitudinal Relationship between CNM Scope of Practice and State-level Birth Attendance: Margaret Beal, PhD, CNM, FACNM</td>
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<td>Reducing Primary Cesarean Birth: Promoting Spontaneous Labor Progress and Comfort during Labor: Katie Page, CNM, MSN</td>
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<td>Resilience and Social Influences on Preventing a Repeat Adolescent Pregnancy in Parenting Adolescent Mothers: Nola Holness, CNM, ARNP, MSN, PhD</td>
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<td>Perinatal Hope Program: A Unique Mother-Baby Recovery Program: Lauren Narbey, MS, MS, CNM, WHNP-BC</td>
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<td>Implementing Maternity Care in an Opiate Substance Use Treatment Center: Jennifer Godbold, BSN, BA, RN, PHN</td>
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<td>Midwives and Student Midwives: Building Provider Resilience: Katie Moriarty, CNM, PhD, FACNM, CAFCI</td>
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<td>Circles of Influence in a Woman’s Transition to Motherhood: Susan Shelton, CNM, MSN, PhD</td>
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<td>Massachusetts Midwives Summit: Moving Midwifery Forward in the Commonwealth: Michele Helgeson, CNM, MPH Kelly Roberts</td>
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<td>Impact of Stress and Evidence Regarding Mind Body Interventions: Katie Moriarty, CNM, PhD, FACNM, CAFCI</td>
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<td>How to Incorporate Hands-on Breastfeeding Training into the Midwifery Curriculum: Lessons Learned from the University of Michigan—Liquid Gold Concept Lactation Simulation Model Pilot Study: Anna Sadovnikova, MPH, MA</td>
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<td>Midwives are Boss: Why Midwifery’s Future Depends on Tapping Your Inner Leader (and How to Do It): Emma Clark, CNM, MSN, MHS</td>
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<td>Striving to Achieve Preconception Wellness for Every Woman of Reproductive Age: Cynthia Nypaver, PhD, CNM, WHNP-BC</td>
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### Poster Sessions

#### GENERAL POSTERS

**POSTER 12**  
**Shared Decision Making: Implications and Application in Maternity Care:**  
Laura Valle, DNP, APRN, CNM

**POSTER 13**  
**Evidence-Based Childbirth Education: What It Is and What It Can Achieve for All Women:**  
Judith Lothian, PhD, RN, LCCE, FACCE, FAAN

**POSTER 14**  
**Publicly Available Datasets for Benchmarking and Research:**  
Julia Phillippi, CNM, PhD, FACNM

**POSTER 15**  
**Gender Identity and Sexual Orientation: Beyond the World of Pink and Blue in Healthcare and Graduate Education:**  
Jane Houston, CNM, MSN, DNP  
Trish McQuillin, Voss, ND, DNP, MSN, CNM  
Aly Williams, EdM

**POSTER 16**  
**Removing Barriers to the Provision of Immediate Postpartum LARC:**  
Lori Swain, DNP, CNM

**POSTER 17**  
**Critical Thinking Versus Clinical Reasoning and Judgment: Teaching & Evaluating these Essential Components of Practice:**  
Sharon Holley, CNM, DNP, FACNM  
Laurie Friedman, CNM, PhD

**POSTER 18**  
**Understanding of Nurses’ and Midwives’ Perspectives on and Knowledge of Timeliness in Newborn Screening:**  
Jaclyn Seisman, MPH

**POSTER 19**  
**Transition to a Collaborative Practice Model: The Yale Vidone Birthing Center Story:**  
Erin Morelli, MSN, CNM, CLC

**POSTER 20**  
**The Effects of Ethnicity on the Learning Experiences, Workforce Decisions and Perspectives, and Career Plans of Early-Career Midwives in the US:**  
Kate Woebner, PhD, CNM, MPH

**POSTER 21**  
**The “Patterns of Labor”: A Midwifery-Led Paradigm for Labor Definition, Evaluation, and Management:**  
Whitney Figner, CNM, MSN, FACNM

**POSTER 22**  
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Kimberly Garcia, CNM, WHNP, MSN, DNP

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