



8A-5P FRIDAY, MAY 17, 2019 (FULL DAY)

Exam Prep

Presenter (s): Melissa Stec, CNM, DNP, APRN, FACNM, FAAN
Cara Busenhart, CNM, PhD, APRN, FACNM

This session provides a comprehensive overview of the AMCB board examination for midwives. The session is divided into 6 sections and offers both content and case-based review for each section. Students are offered over 400 questions for review within the workshop as well as access to educators and clinical experts to assist in their preparation.

Advanced Life Support in Obstetrics (ALSO)[®] Provider Course by AFFP (Offers 15 Contact Hours; 9 of them online)

Presenter (s): Al Runzel, CNM
Sherri St. Clair, CNM

Advanced Life Support in Obstetrics (ALSO[®]) is an evidence-based, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach amongst physicians, residents, midwives, registered nurses and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

8A-12P SATURDAY, MAY 18, 2019 (HALF DAY)

Digital and Manual Rotation of the Persistent Occiput Posterior Fetus

Presenter: Cynthia Elmore, CNM

Persistent fetal presentation of occiput posterior (persistent OP) has been increasing in prevalence in recent years, with significant implications for intrapartum management. Midwives are familiar with interventions such as position changes and Rebozo to address persistent OP in early labor; however, many midwives remain uncomfortable with the techniques of digital and manual rotation in second stage. This workshop will review current evidence and proposed guidelines for the management of persistent OP in the second stage. Case studies will be used to facilitate discussion on appropriate implementation of this valuable intervention. The workshop will also include simulated practice of digital and manual rotation of the persistent OP fetus.



ACNM Endometrial Biopsy Presentation

Presenter(s): Jessica Ellis, PhD-c, CNM

Christina Elmore, MSN, CNM

Erin Cole, CNM, DNP

Acute and chronic abnormal uterine bleeding (AUB) and endometrial cancer are significant and increasingly common problems in GYN practice. It is important that midwives providing care to women are knowledgeable in the evaluation, differential diagnoses and treatment modalities of AUB. The definitions, pathophysiology, evaluation, and management of AUB will be presented. The session will include the simulated practice of 3 of the most common endometrial biopsy devices. Case studies will be utilized to facilitate participants' utilization of information into practice.

Master Trainer Certification for Essential Care of Every Baby and Small Babies in Low Resource Settings.

Presenter: Martha Goedert, CNM, FNP, PhD, FACNM

This workshop trains trainers to create global outreach for clinical management of neonatal care in low resource settings. Providers will learn simulation techniques, interventions, including medications and established protocols for global life-saving skills (LSS) in maternal-child health. This is a hands-on rapid training course for skilled midwives, nurses and medical officers to create Master trainers across the upper level American Academy of Pediatric life-saving curriculum, with certificates with participant mastery of Essential Care for Every Baby (ECEB) and Essential Care for Small Babies (ECSB). Additionally, participants will learn about program potentials and pitfalls when working in facility and in the district health centers. Participants will learn best practices for life-saving capacity building in their community, clinical and didactic basic principles that improve program success, and how to increase capacity building and sustainability of a LSS program. Resources for global health are shared including web-based teaching and skill dissemination expertise that has been effective in the global south, including sub-Saharan Africa. The session will have a discussion component for those with questions and interest in current opportunities for engagement in low resource settings. Resources will be available in cloud-based platforms for participants, including associated maternal factors as precursors to poor outcomes, both fetal and maternal. The specific emphasis will be on neonatal asphyxia, new developments on prevention of sepsis, along with guidelines for improved monitoring of labor to prevent compromised neonates and reduce stillbirth. National Guidelines are reviewed to educate health care workers about the available support systems and resources available at local institutions and Ministries of Health for continued learning.



Diagnosis and Management of Sexual Pain

Presenter(s): Kathy Herron, CNM, MS
Melissa Keras-Donaghy, PT, DPT, WCS, CLT-LANA

Sexual pain is the most difficult of the sexual dysfunctions to diagnose and treat. Midwives are often the first providers that patients confide in, yet many midwives don't feel qualified to deal with this problem so refer the patient to other providers. This workshop will go way beyond the basics to give midwives the information, tools, and resources to begin to manage sexual pain patients. Etiologies, history taking, examinations, testing, and treatments will be covered in detail. Learn how a midwife and a pelvic floor physical therapist work together to help these women, and leave with a renewed confidence in your ability to help them as well.

Three "How To's" for Reducing your NTSV Rate - Leadership Skills, Early Labor Lounges, and Training for Intermittent Auscultation

Presenter(s): Lisa Kane Low, PhD CNM FACNM, FAAN
Cathy Emeis, PhD, MS, RN, BSN
Ana Delgado, CNM, MS, BA
Rachel Breman, PhD, MS, RN
Ann Forster Page, DNP, APRN, CNM, FACNM

Physicians and other clinicians are being guided to reduce interventions for healthy laboring women and the evidence generated by midwifery practice and research is contributing to the rationale and tools for change. Leading quality organizations (AIM, CMQCC) have adopted the language supporting physiologic labor and birth. However, cesareans for low risk women remain a critical patient safety issue in the US, with many states and hospitals exceeding the Healthy People 2020 goal of 23.9 percent Nulliparous, Term, Singleton, Vertex (NTSV) rate. Moreover, women of color and lower socioeconomic status are disproportionately impacted by this continued trend. In this workshop participants will learn leadership skills needed to conduct interdisciplinary quality improvement projects, interventions found to reduce NTSV rates, and the components of labor lounges and labor circuits, including examples of hospitals with and without dedicated physical space.



Clinical and Academic Educator's Workshop

Presenter(s): Erin Morelli, MSN, CNM, CLC
Tonya Nicholson, DNP, CNM, WHNP-BC, CNE, FACNM

This workshop, offered by the ACNM Clinical and Academic Educators Committee, is designed for educators and preceptors of students in midwifery, nursing, medical school and residency programs. This half-day workshop will be our 5th annual workshop at the ACNM Annual Meeting. We will start with a session on strategies to support struggling students and how to create reasonable accommodations that help them to be successful in our education programs. Next, we will break out into two special interest sessions. One session for clinical educators will address student performance improvement in the clinical setting and one session will focus on addressing racism in our health provider education programs and how educators can approach curriculum development using critical race theory. Finally, we will finish the workshop with roundtable discussions on topics pertaining to innovative ideas and strategies for didactic academic and clinical educators.

Perineal Repair Update: A Basic Suturing Workshop

Presenter(s): Sarah Smith, DNP, CNM
Eileen Thrower, PhD, CNM, FACNM
Victoria Burslem, MSN, CNM, FACNM
Donna Barisich, MS, CNM

This is a hands-on workshop designed for new graduates or seasoned CNMs/CMs needing to brush up on suturing skills. During the workshop perineal anatomy and indications for repair, administration of local anesthesia, and post-repair assessment will be discussed while maintaining a woman's dignity. Skills to be taught and practiced include one handed knot tying, instrument tie, repair of second-degree perineal laceration/episiotomy, and first-degree labial laceration utilizing the most recent evidence.

8A-5P SATURDAY, MAY 18, 2019(FULL DAY)

Ultrasound Didactic and Clinical Session

Presenter: Julie Gaston, BS, RDMS, RVT

This all-day workshop begins with lecture, a hands-on scanning demonstration, and a question and answer segment. Each participant will then have a 2 hour live scanning opportunity in our hands-on session. There will be various stations set up that focus on a variety of scanning skills including transvaginal, CRL measurements, assessment of ovaries and endometrium, IUD evaluation, and third trimester scanning including AFI, fetal lie, placental location and cervical length. Each participant will rotate through 2 stations. The stations are strategically selected based on your learning objectives and scanning experience. Each participant will also have



access to online lectures and videos that will prepare you for the hands-on scanning session and support you once you return to your practice. You will receive a total of 12 CME credits for this workshop which is the required amount to sit for the ARDMS Midwifery Ultrasound Exam.

Accreditation Commission for Midwifery Education (ACME) Education Workshop

Presenter(s): Peter Johnson, PhD, CNM, FACNM

Melissa Avery, PhD, CNM, FACNM

Gretchen Mettler, PhD, CNM, FACNM

Presenter: Heather Maurer, MA, ACME Executive Director

The process of accreditation of midwifery education programs is becoming more complex. Often program directors and faculty have not had experience in preparing for the accreditation process or an understanding on compliance requirements year to year. This workshop is designed to provide attendees with all the nuts and bolts of ACME accreditation. It will also provide up-to-date information on writing the Self-Evaluation Report (SER) and preparing for a site visit. Attendees will actively participate in activities designed to prepare them for a successful accreditation process and annual monitoring reports during the accreditation period. Information presented will also be relevant for those planning to start a new midwifery education program and for those preparing for the pre-accreditation process. This workshop is highly recommended for all new program directors. For midwifery programs who are up for review in the next one to three years, this would be an excellent workshop to attend and learn how to prepare and organize for your review and site visit.

The Midwife as Surgical First Assistant

Presenter: Nell Tharpe, MS CNM CRNFA FACNM

Many midwives expand their practice beyond core competencies to include the role of surgical first assistant during cesarean and OB/GYN procedures in their practice. The midwife first assistant role combines knowledge of the procedure with development of technical surgical skills to allow midwives to be active first assistants during surgery. The associated continuity of care can enhance women's experience and safety during cesarean. Performance as the first assistant requires thorough knowledge of expected preoperative assessment, application of surgical aseptic technique, case-specific surgical instruments, relevant surgical anatomy, AORN perioperative standards, techniques and skills used during the surgical procedure, as well as the communication and interpersonal skills to function effectively as a member of the perioperative team throughout the perioperative period.



1P-5P SATURDAY, MAY 18, 2019 (HALF DAY)

Midwives Do More Than Deliver Babies: Increasing Your Comfort Level for Managing Common Complaints Related to Primary Care and Women's Health

Presenter: Desieree Clement

This half-day workshop will combine lecture, case studies, and interactive discussion on midwifery management in the outpatient setting of common primary care and gynecology complaints. A variety of potential complaints will include pelvic pain, menstrual irregularities, breast concerns, screening for disorders and cancers of the female organs, and psychological and physiological concerns that may arise along the transition from childbearing years and menopause.

Acupressure in Labor: An Essential Tool for the Midwife's Armamentarium

Presenter: Judith Schlaeger, PhD, CNM, Lac, FAAN

This half-day workshop aims to provide the CNM/CM with the skills to assess the laboring woman from a Traditional Chinese Medicine perspective and to implement acupressure prescriptions for pain reduction, labor augmentation, and other indications. For over two millennia, midwives in Asia have been using acupressure for the relief of labor pain. Other uses include labor augmentation, reducing nausea and vomiting, and rotating the fetus that presents with occiput posterior. Evidence-based acupressure techniques will be taught to the CNM/CM in a half-day workshop format. Acupressure has been found to reduce pain and to augment labor, but more evidence is needed. Discussion for more research is needed on the most efficacious techniques and acupressure prescriptions to use for women in labor. Acupressure is an important non-opioid option for the CNM/CM to consider for the laboring woman.

Advance Suturing Workshop for Midwives

Presenter(s): Eileen Thrower, PhD, APRN, CNM, CNE, FACNM
Sarah Smith, DNP, CNM

This half-day workshop is part of a two-day Clinical Skills for Midwives Workshop consisting of a full-day Basic Suturing Skills for Midwives, a half-day Advanced Suturing Skills for Midwives, and a half day Perineal Repair Update for Midwives. Participants may register for any individual component(s) or for both sessions.